

Volume 13, Issue 5

Autumn, 2010



THE NEWSLETTER THAT SERVES ITS READERS

PASCO Picayune

# National Health Care Reform

*(Also known as "The Affordable Care Act" or "National Health Care")*

On March 23, 2010, President Obama signed the Affordable Care Act. The law puts in place comprehensive health insurance reforms that will roll out over four years and beyond, with most changes taking place by 2014. Some have already begun.

***What does Health Reform mean to your family and child with special health care needs in Colorado?***

To get a general feel for what this will look like in our state, go to [www.colorado.gov/healthreform](http://www.colorado.gov/healthreform) and click down to "Frequently Asked Questions" for an overview, or click on

"How Colorado will Benefit." For even more detail, click on "July 30, 2010 for an outline of Colorado's Implementation Plan" in the "What's New?" section.

**One of the most significant changes for families who have a child with special health care needs is the establishment of Insurance Exchanges**, effective January 1, 2014. Starting in 2014, if your employer doesn't offer insurance, you will be able to buy insurance directly in an Exchange – new, competitive, consumer-centered health insurance marketplaces – will put greater control and greater choice in the hands of individuals and small businesses. The Exchanges will make purchasing health insurance easier by providing eligible consumers and businesses with "one-stop shopping"

where they can compare and purchase health insurance coverage.

In the meantime, the state of Colorado has submitted paperwork to start its own Exchange(s). As soon as November 2011, Colorado will begin conducting the research and the planning needed to build and operate an exchange.

***Family Voices Colorado is gearing up to be prepared to answer questions as our state transitions into the Exchange Program.***

*Directly from [www.healthcare.gov](http://www.healthcare.gov), a federal government website managed by the U.S Department of Health and Human Services, and <http://www.colorado.gov/healthreform>, the Colorado state website.*



## PASCOMPANY- - Resource Directory is Here

Enclosed in this edition of the *PASCO Picayune* is the inaugural edition of "PASCOMPANY". This resource directory is a great way to promote family businesses within our PASCO family. With over 720 employees, not including spouses or extended family, who each have valuable skills and full on

successful careers; Carpenters, balloon artists, mechanics, landscapers, private investigators, attorneys, bakers, chefs, poets, clergy, artists, blacksmiths, cobblers, candy distributors. While this edition only covers four pages, we would love to see the directory expand even more. Does your husband/wife/cousin/brother-in-law have a fabric shop?

Pizzeria? Dentistry clinic? Dog trainer? No business is too small or large to advertise within the PASCO "family". Please contribute any family related businesses, so we can all help each other out, and successfully market our services. Please call or email Damian if interested ([damian@pascoh.com](mailto:damian@pascoh.com))

## Director of Nursing Corner Laura Gilbert and Pat Lankford

Happy Fall!!!!

We in the clinical department are very busy getting all the yearly required forms signed at our re-certification visits. This year we are only having the required yearly forms completed. Thank you for your assistance with our required visits and paperwork.

We also have a couple of new nurses on our staff. Joan Hawley is a parent of a disabled child, as well as being an R.N. Joan is now conducting orientation of new employees and parent care providers. Joan brings a special view to our nursing team, as she is caring for a disabled son. Michael Moore is also new to our team, Michael has spent many years in charge of various operating rooms and is an excellent clinician. We also now have a wound care consultant available for some of our more difficult

wounds.

The holidays are quickly approaching and all of our clinical team is looking forward to seeing you all at the annual Holiday Party on December 6, 2010.



Laura Gilbert & Pat Lankford  
PASCO's Directors of Nursing



## FINDINGS

- Japanese engineers were working on a machine that can record smells.
- A new study found that money can't buy happiness.
- Scientists created the world's sharpest tip.
- Scientists concluded that teenagers are physically incapable of being considerate.
- British cattle have regional accents.
- Elephants mourn their dead.
- Nicotine sobers drunk rats.
- Astronomers noticed that the Abell 520 galaxy cluster has a massive dark core, which is presumably dark matter, though it is separated from any bright galaxies, which tends to upset established theories about the mysterious invisible cosmic substance.
- German scientists claimed to have propelled microwave photons faster than the speed of light.
- A planet was discovered that has the density of balsa wood.



## Directors Corner- - -Barry Rosenberg

If you come within 50 yards of a television set, you are likely to be bombarded with scores and scores of political ads. While I am quite political, I have not used chosen to engage in partisan politics, but have merely urged clients and employees to VOTE. This November 2<sup>nd</sup> there will be three issues on the ballot: Amendment 60, Amendment 61, and Proposition 101. These three issues will do more harm to state and local governments. Should these issues pass, I anticipate deep cuts in Medicaid and special education services. I urge you to Vote NO on 60, 61 and 101. I would suggest you go on our website ([www.pascohh.com](http://www.pascohh.com)) and click on Vote No on 60, 61 and 101 on November 2<sup>nd</sup>.

Although the economy is, I believe, picking up, I am still concerned about future cuts to Medi-

caid. While Colorado has fared better than other states regarding budget cuts, we are still not out of the woods in regard to rate cutting. I will, as always, keep you posted on issues and, when necessary, ask for your support. PASCO prevented some major cuts to CNA services for the past fiscal year and we are poised to argue our case again if needed. While I still worry about the future of Medicaid, the present state of PASCO is very good. We have a cushion in the bank and unless there are cuts from now until the holidays, I don't think employees will see any major changes in bonuses or profit-sharing.

Every so often I run into people who ask me how retirement is going. I simply tell them that I am not retired, but have cut down on work. I am

very pleased with the present leadership at PASCO and am staying out of the day-to-day problems. I think my role has been more in policy and advocacy. I like to think I see the big picture and while I do miss the interaction with clients and employees, I think my role is to assure that PASCO remains viable and continues to improve the quality of life for all involved. So the issue of my retirement is greatly overstated!

*Should these issues pass, I anticipate deep cuts in Medicaid and special education services. I urge you to Vote NO on 60, 61 and 101.*



# Beau Jo's Pizza and the Autism Society of Colorado cordially invite you to Autism Family Pizza Night

**Where:** Beau Jo's on South Colorado Blvd. and Yale, Denver CO

Beau Jo's invites individuals and families from the Autism Society of Colorado to join them for a monthly Pizza Party in a semi-private area of their restaurant for an Autism Family Friendly dining experience. Beau Jo's offers a Gluten Free menu, dairy-free cheese and a Healthy Menu Guide for people on specific diets. Beau Jo's will

do their best to meet your specific dietary needs. Families will be responsible for the cost of their own meals.

**Location :** S Colorado Blvd at Yale

**Contact :** 720-214-0794



Call Beau Jo's Pizza for other participating locations.

Autism Family Pizza Night takes place on the **1st Wednesday of every month**, from 5:30-7:30 p.m.



## Rakes- - By Walter Jergens



Them leaves are gonna fall, and a time comes when one must get 'em, before they get you. Now I've been a rakin man...going on 56 years, so I know a little somethin about clearnin them leaves. Younguns ask me all the time "Walt, you go fer the ash handled rake or prefer an old fashioned oak?" "WHOA" I say. We're not talking *mulch forks* here! There is some serious

considerin to do long before we start wor-ryin ourselves with handles types, sizes and the like. You want a *Fixed Leaf Rake* or a *Spring Rake*, adjustable or expandin? You rakin any soil or rocks? Dead grass (thatch) or leaves? If your gonna busy yourself with leaves, what kind of leaves? Maple?

*We're not talking mulch forks here!*

Holy? Hickory? Will these leaves be spatulate or oblong? If your gonna do something, do it right! I once raked up near about 45 hectares of dense *Speckled Alder* near Beavertooth Falls, using my 1967 *Ames True Temper Bow Rake*. Now That was a classic tool!



## Human Resource Connection

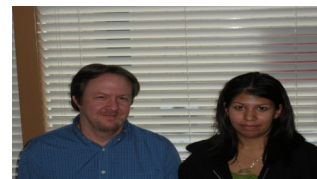
Well it looks like we are headed down the homestretch as far as 2010 goes, hard to believe. A reminder for everyone regarding the Human Resource Fax number, it is now the main PASCO fax number, 303.233.1478.

Please remember C.N.A.'s, your Continuing Education Units/CEU's

are due by the end of November. They are listed on under ONLINE FORMS in PASS, please call HR if you are having problems with them. 12 CEU's are required every year for all C.N.A.'s, regardless of when you started with PASCO.

We look forward to seeing you at the Holiday party, December 6<sup>th</sup>.

Steve and Juana



Steve and Juana - PASCO's Winning H.R. Team.

# PASCOMPANY (Inaugural Resource Directory)

## APPLIANCE

My name is Helen Tomadelli, and I am CNA for my son, Corey. My husband, Dave and I own D & H Appliance Service. We repair major appliances. We have been in business since 1989, and we are a member of the Better Business Bureau, with an A+. We will give a 10% discount on any repair, as long as they mention they are an employee of PASCO. (DEX ad underneath)

**Service with a Personal Touch Since 1989**

**FREE Service Call & Estimate With Repair**

**A+ Rating With BBB**  
Your Best Choice for Appliance Repair!

**D & H Appliance Services, Inc.**  
In Home Appliance Repair • All Major Brands

- Washers
- Dryers
- Double Ovens
- Ranges
- Dishwashers
- Garbage Disposals
- Refrigerators
- Freezers

We Give Exact Appointment Times & Call When On Our Way • Honest & Reliable • Family Owned & Operated

MasterCard VISA DISCOVER Cards

**303-933-2228** Monday - Friday 7AM - 5PM

Member of the Better Business Bureau for over 15 years  
BBB ACCREDITED BUSINESS

## AUTISM ADVOCACY



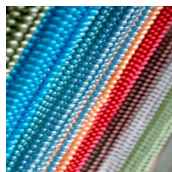
Know someone who has a child who has been recently diagnosed with autism and is struggling with 'the system'? Two PASCO moms have created a step-by-step guide to help parents get organized quickly, reduce stress and give you more time to focus on your child. The Autism Help-Book will soon be available commercially but you can get it now direct from the authors and with personal guidance. By appointment only. Call 720 963 1236. Mention you are with PASCO for a 10% discount.

## BALLOONS



Get Ballooned- Balloon delivery and event décor for the Denver Metro Area. Anything from a simple happy birthday bouquet to a large corporate event. Mention PASCO and receive 10% off. Check out our website [www.GetBallooned.com](http://www.GetBallooned.com) or call Michelle 303-587-5096

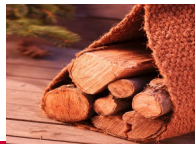
## BEADS



We have a beading business, **Custom Bead Works**, we just started in January. We make beads out of polymer clay; jewelry, bookmarks, key chains, napkin rings, wine charms, etc.... We also make custom items for individual needs, such as a necklace to go with a jacket or shirt. We host parties at our place, also at interested people's houses.

Our phone number is 303-434-9472 and our e-mail is [custombeadworks@comcast.net](mailto:custombeadworks@comcast.net) Also, we will be at a few local craft fairs this fall; November 6th Smoky Hill High School 9am to 4pm. and November 20th Thomas Jefferson High School 9am to 4pm. All of these events are free for customers. Laura (PASCO C.N.A.)

## FIREWOOD



## FIREWOOD !!

WE HAVE FIREWOOD FOR SALE. SPECIAL PRICE FOR CLIENTS OF PASCO. CALL JOHN OR LISA @ 720-842-7521

# FOOD



Here to promote my Mountain Man Nut & Fruit Co. distributorship in PASCOMPANY. Delicious, nutritious fun to eat food is available at a discount to PASCO employees. Call me at (970) 667-8577 or email at [barrypnuts@msn.com](mailto:barrypnuts@msn.com) Thanks for your time, Barry Pennucci (PASCO C.N.A.)



I just started doing Pampered Chef and while I know many people do this, mine has a little twist... vegan cooking! I am newly vegan (since January 2010) and making the change has changed my life... so I wanted to share that via Pampered Chef, people can buy their products and get a demonstration of some vegan cooking. Below is my info, hope you can use it.

The Vegan Pampered Chef, discover your inner vegan and check out the products of Pampered Chef. Being vegan has changed my life, not to mention the other amazing changes in the lives of those around me. If you like pampered chef and want to learn more about what it means to be "vegan" contact me for more information. -Simone Herrera 303-330-6351 or [simoneherrera@yahoo.com](mailto:simoneherrera@yahoo.com)

I am an Independent Consultant for Tastefully Simple. Tastefully Simple offers a wide selection of easy to prepare, fun, gourmet quality foods. I became a consultant so that I could begin to fund a trust for my daughter, who has Angelman Syndrome, to insure she is cared for after we are gone. Let me know if you would like more information or to place an order. My website is [www.tastefullysimple.com/web/cbowland](http://www.tastefullysimple.com/web/cbowland) or just call me. I have many products in stock and if I had to order I will pay shipping for any other employee of PASCO. Crystal Bowland 720-493-9029



The food you love, the time you deserve.®

# GREEN

GO GREEN! SEMINARS AND CONSULTING - Going Green is not as hard as it looks - when you have a plan! Green your business or your home. Seminars and consulting for help small businesses go green, save money and earn recognition. Call 720 963 1236. Mention you are with PASCO for a 10% discount.



# HANDYMAN

## JOHN'S HANDYMAN SERVICE

Carpenter - Handyman

Jon Gaffkey  
35470 Upper Aspen Lane  
Pine, CO 80470  
Business License # 20101298895  
(720) 842-7521 (Home)  
(720) 980-1008 (Cell)  
NO JOB TOO SMALL!!!

ALL PHASES OF CONSTRUCTION AND REMODELS

HANDICAPPED DECKS RAMPS PAINTING

HANDICAPPED SHOWERS AND GRAB BARS INSTALLED

WOOD CUTTING AND PROPERTY CLEANING

HAVE RUN MY OWN BUSINESS FOR THE LAST 7 YEARS, AND A CARPENTER FOR THE LAST 25. I WOULD LIKE TO HELP AND GIVE A BREAK TO THOSE WHO HAVE SPECIAL NEEDS CHILDREN AND THE NEEDS THEY ENTAIL. WE ARE ALSO CLIENTS OF PASCO. REFERENCES AVAILABLE ON REQUEST.



To whom this may Concern:  
This is a letter of appreciation.

For one of your professional employees, he is also a skilled professional carpenter, who wears many hats.

A man who donated his time and labor. To make it possible for a 89 year old disabled senior, with a permanent disability. He constructed and built a "Ramp", at this condominium to make it much easier for his power wheel chair.

His only request was for us to compensate him for the materials. He also stated that we could pay him according to our income. He traveled 37+ miles from where he resides, until this great task was completed.

We are still in a Recession! And money is tight for everyone. May God forever Bless Mr. John Gaffkey, and his wife Lisa. Who are both has empathetic hearts for mankind.

We highly recommend him to others with an A++.

We too thank another loyal employee, for recommending us to you Mr. Rosenberg., to locate John Gaffkey.

Her name is Mitzi Townshend. God Bless everyone, and God Bless America.

Respectfully,  
Two grateful Senior Citizens,  
Mr. & Mrs. Marvin J. Carr



## HOUSEWARES

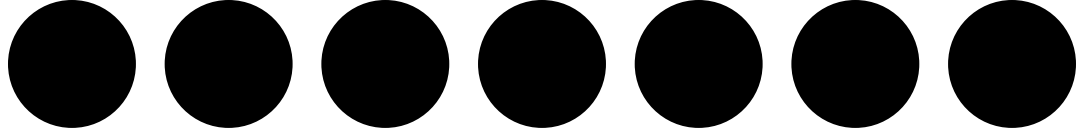


I make customized plates, with either a lip all the way around or just halfway, so that food doesn't fall into your lap. Andrea uses them with great success. Can be made in any combination of colors. \$10 for dinner size plates. Contact me for more information.

Joyce Clark 303-594-9596

[getcentered@msn.com](mailto:getcentered@msn.com) (best way to contact me).

## MASSAGE



Blue Moon Massage in Lakewood is your friendly neighborhood massage studio. Experienced, registered and insured massage therapists will work out that stress, knots, aches and pains! Modalities available include Swedish, hot stone, deep tissue, Auryvedic. By appointment only. Call 720 963 1236. Address: 8800 W. 14th Ave, Lakewood 80215. Mention you are with PASCO for a 10% discount.

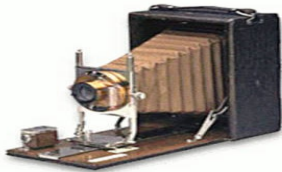
## PRIVATE INVESTIGATIONS



Services such as criminal and civil case investigations, subpoena service, surveillance, skip tracing and background checks. Professional, dependable, former police officer and current PASCO C.N.A. Please contact me for additional information and questions.

Judy Dawson 303-981-4695.

## PHOTOGRAPHY



TCPhotojournalism has over 12 years of experience and can supply all your photography needs. Family and Senior Portraits, Weddings, Events, Special Needs Kiddos in their environment, Births, Sports whatever your need! Please check out our webpage and leave us a message, let us know you are a PASCO parent and receive a 10% discount off your sitting fee! We look forward to working with you!

Tamara Cochran  
Owner/Photographer  
TCPHOTOJOURNALISM  
720.212.9133

<http://www.tcphotojournalism.com>

## PROPERTY SERVICES



We can do handicap ramps and minor modification.  
All work order requests should be sent via our website  
@ TGDPROPERTYSERVICES.COM

*Thank You & God Bless,  
John P. Chevarria  
TGD Property Services, LLC  
PO Box 740520  
Arvada, CO. 80006  
Office 303-422-3669  
Cell 303-917-6071  
Email [tgdservices@msn.com](mailto:tgdservices@msn.com)  
Website [www.tgdpropertieservices.com](http://www.tgdpropertieservices.com)*



## REAL ESTATE



Real Estate Agent with 10 years experience in the Denver/ Boulder/ Fort Collins Areas. Specialized in Residential. Mention you are with PASCO to receive a free appraisal with your successful purchase and close. Contact Lenny Maiocco at 720-201-1114.

## SKIN CARE



Want your personalized skin care delivered to your door for your convenience? I ship free! Check out my Beauty on a Budget by sending me your e-mail address, or register on my website to receive specials! Over 100 items at \$10 or less!

Karen Z. Brass-mother to Adam-CP and Aspergers' + Sales Director and Skin Care and Beauty Consultant with Mary Kay Cosmetics

303-816-5811 order on-line thru my website;

[www.marykay.com/kbrass](http://www.marykay.com/kbrass)

mom, wife, speaker, advocate, caregiver, friend!

## STONE WORK



We own a business in Castle Rock named Sunset Stone. We make precast stone that looks like real stone for houses, restaurants, hotels, etc. I make jewelry as a side hobby. Call for more details. Angie McCombs (PASCO C.N.A.) 720-217-5917.

## TAX PREPARATION



Blue Moon Tax Services specializes in personal and sole proprietor tax preparation. And we know everything about disability tax preparation, what can and cannot be deducted and so on! Trained with HR Block. By appointment only. Call 720 963 1236. Mention you are with PASCO for a 10% discount.

## TRAVEL

Independent travel consultant with Andavo Travel, [www.andavotravel.com](http://www.andavotravel.com). I have 24 years of experience in the travel industry. Let me help you plan your next vacation. Mention you are with Pasco to receive a 10% discount.

Jennifer Revesz, Andavo Travel, 303-347-2035.



## WATER THERAPY



CINDY FOWLER: PTA providing warm water pool therapy services to clients with Medicaid. Work out of The Ridge Recreation Center in Littleton. Husband Steve is PT also and oversees program and has the Medicaid Provider Number needed for billing. Call 303.434.4365 or email [chcinrox@aol.com](mailto:chcinrox@aol.com) for more information.

"Mom to Haley-born 1997- Tuberos Sclerosis, Intractable Epilepsy, Autism"

## WRITING



Professional technical, academic and creative writer / editor will fix up that thesis, fine tune your whiz-bang resume, put together your company newsletter or write an epic poem for your beloved. 25+ years of experience. Seriously, any kind of writing or editing is available with several writers on staff. Ph. 720 963 1236. Mention you are with PASCO for a 10% discount.

## YOGA

Blue Moon Yoga in Lakewood is a small, friendly yoga studio catering to beginners and intermediate yoga practitioners. Experienced teachers (25+ years) present classical yoga at a slow to moderate pace with a focus on alignment, form, breathing, flexibility and toning. Poses can be adapted for injuries and beginners. Class Times: Tuesday 5.30 - 6.30PM and Saturday 8.30 - 9.30AM. Private sessions and individual home plans are available. Address: 8800 W. 14th Ave, Lakewood 80215, Ph. 720 963 1236.





**PERSONAL ASSISTANCE SERVICES  
OF COLORADO**

6015 W. 16th Ave  
Lakewood, CO 80214  
Phone: 303-233-3122  
Fax: 303-233-1478  
E-mail: damian@pascohh.com

[www.pascohh.com](http://www.pascohh.com)

*Personal Assistance Services of Colorado (PASCO) is certified under Medicare, Medicaid, and the Medicaid Home and Community Based Services (HCBS) program to provide personal assistance services to children and adults with severe disabilities. PASCO was incorporated in 1991 and began providing services to persons with disabilities on January 1, 1992.*

*PASCO's mission is to provide personal assistance services, promoting independence and safety to clients and/or their families. PASCO continuously strives for client and employee satisfaction. The foundation of PASCO is CHOICE. To the maximum extent possible, PASCO works to accommodate the needs and wants of each consumer/client.*

*PASCO provides services in the following counties: Adams, Arapahoe, Boulder, Broomfield, Clear Creek, Denver, Douglas, Gilpin, Jefferson, Larimer, Park & Weld.*



Get answers to these questions and more:

- What do I need to know now about life after high school?
- What can I do now to get ready for life after high school?
- How can college be an option?
- What resources are available?

Please visit PEAK Parent Center's website for additional information:  
[www.peakparent.org/workshopsTrainings.asp](http://www.peakparent.org/workshopsTrainings.asp)  
611 North Weber Street, Ste 200  
Colorado Springs, CO 80903  
719.531.9400 or  
800.284.0261

**Co-Sponsors**

- Adams 12 Five Star Schools
- The Arc of Adams County

## Free Workshop

Join other parents and educators.

**Topic: Transition:  
Life after High School**

**Date:** Tuesday, October 26th, 2010

**Time:** 5:30 p.m. – 6:00 p.m. – Free dinner and time to network/chat.  
6:00 p.m. – 8:30 p.m. – Workshop

**Place:** Adams 12 Education Services Center  
1500 E. 128<sup>th</sup> Ave  
Thornton, CO 80241

**Also:** 2.5 Contact Hour certificate.  
By request childcare, Spanish translation and Sign language interpretation are available

Everyone in the North Metro area is welcome!

To sign up online go to:  
[www.peakparent.org/workshopsTrainings.asp](http://www.peakparent.org/workshopsTrainings.asp)  
or call PEAK Parent Center by  
Friday, October 22, 2010  
719.531.9400 or 800.284.0261

