



The Newsletter That Serves Its Readers

# PASCO Picayune



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October, 2011

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## PASCO's Newest Addition

PASCO is pleased as punch to have hired Denise Hodgert as its new Administrative Director of Nursing. In what was described by insiders as a major coup for PASCO, Denise comes from Boulder's Center for People With Disabilities (CPWD) where she spent the last seven years, and is well versed on the politics of Independent Living.

Originally from Connecticut, Denise became a nurse in 1996, and having moved to Florida, spent several years working for the Miami-Dade County Health Department where she was a Senior Community Nurse Consultant for elementary schools in the 4th largest school district in the nation. Denise and her husband randomly selected

Colorado, settling on Boulder, based on number of days of sun, and not in fact being Florida.

Denise is excited about her new role at PASCO to learn new skills, and become immersed in all the programs Personal Assistance Services of Colorado offers. The challenges, though daunting, offer what Denise sees as an opportunity to improve PASCO's overall sustainability, and continued innovative success.

When not working, Denise is a mom to a 10 year old son, Lucas, who enjoys skateboarding. Her family lives in Lafayette, where Denise enjoys yoga, pilates and is in a book club. A tremendous addition to the PASCO family, we are all excited to have Denise with us, and

really look forward to introducing her to everyone during the holiday party.



**PASCO is delighted to present our new Administrative Director of Nursing, Denise Hodgert.**



## IMPORTANT NOTICE CONCERNING DIRECT DEPOSIT

We are implementing a new requirement for employment: **mandatory direct deposit**. Every employee must open a bank account, either checking or savings, OR obtain a debit card from a bank. Some debit cards carry charges to maintain, so please ask before getting one.

PASCO banks at First Bank, which has branches located

throughout the metro area. The closest one to PASCO office is right down the street at 14<sup>th</sup>/Wadsworth.

The deadline for this requirement is Nov. 30, 2011. You can obtain a sign up form on the PASCO website, or come into the office to sign up. You may also use an Authorization for Direct Deposit Form from your bank, just make sure to

sign and date it. If you choose to come into the office, please have your bank information available. We need original copies of whichever method you choose, so please do not fax or email them. Should you have any questions regarding this matter, please contact the Payroll Department.



**PASCO Holiday Party Saturday December 3rd. See page 4 for details.**

## Directors Corner– Barry Rosenberg



**The wear and tear on everyone as a result of deficiencies related to Aide competency took a toll, particularly the CNA's.**




This past summer has been among the hardest at PASCO since we became an agency. Apart from a major change in key personnel, it was apparent that we were not as compliant with the rules and regulations of Colorado Department of Health Care Policy and Financing –(hereafter referred to as Medicaid), the Medicare Conditions of Participation, and the newer licensing requirements of the Colorado Dept. of Public Health and the Environment as we should have been. The wear and tear on everyone as a result of deficiencies related to Aide competency took a toll, particularly the CNA's. Despite the mess, I confess I rather enjoyed being Director again after a hiatus. The efforts of the administrative staff and the addition of Lee Fisher, who added calm to many chaotic days, were heartening. And the recent hiring of Denise Hodgert (see article in this issue of the *PASCO Picayune*) has been a godsend. Denise gets disability, service delivery, and the need to be fully compliant with the various regulatory agencies. So the next few months will be spent looking at and likely modifying our policies and assuring they are implemented. Not a lot of fun, but a necessity.

Just as we were scrambling to get compliant with the competencies, we are expecting many changes from Medicaid around Home Health, particularly CNA services. A couple days ago, I sent out a second

email from Guinevere Blodgett, the Medicaid Policy Specialist of Home Health Care, Hospice and PDN. The email contained an attachment referred to as the *Colorado Medicaid Benefits Collaborative Policy Statement*. The intent of this Policy Statement was, I believe, to clarify services and make some changes to the present system of Medicaid Home Health. If you did not get this email from Guinevere Blodgett, please let me know and I will send it to you.

As I said at the Annual Meeting this past spring, Medicaid, during good times is always vulnerable to changes and during bad times the vulnerability increases tenfold. We will likely see many changes in Medicaid as a result of the economic downturn. We are starting to see that the various case management agencies are scrutinizing home health services, particularly hours of service for consumers. Likely Medicaid is looking at overutilization and related matters. I think these case management agencies should look at the services consumers are getting, since that is a major role of theirs and they should not just rubber stamp the Prior Authorization Request (PAR) submitted to them by PASCO. Hopefully they will see, in person, the various activities of daily living the CNA's are providing and not just look at a piece of paper to render a decision regarding hours. I am afraid, however, there may be some cuts in service in the very near future. For those getting CNA

and Private Duty Nursing, the cuts may be significant. I believe the case management agencies are looking at why a particular consumer is getting two hours of care in the AM and two hours of care in the PM, when maybe only one hour is justified in the evening. PASCO has been very conscientious in formulating a Plan of Care and the hours a particular consumer needs. Nonetheless, another set of eyes may see things very differently. I would like to be proactive in confirming the CNA duties each consumer gets and the time it takes to address each need as reflected in the Plan of Care. Toward that end, PASCO will have the nurse of each consumer look (during the next 60 days at their scheduled recertification visit) at the Plan of Care, the actual duties performed and the times it takes to perform them so we can rebut, if necessary, cuts proposed by case management agencies who may not have this knowledge. PASCO will inform everyone who is cut about the appeals process, should you or your family member be cut. Again, *the times they are a changin'*.



**Two Spanish malacologists unveiled a massive study describing 209 new species of *Turbonilla* snail. "There were so many," said one of the micromollusk experts. "And they were so small."**

## October Health Tip: **The Power of Prevention**

Chronic diseases are among the most common and costly of all health problems, yet they are also among the most preventable. Approaches to prevention such as the promotion of healthy behaviors, regular medical screenings, and keeping up on immunizations are key to preventing problems in the future.

The following approaches to prevention are simple and well worth your time.

### 1. **Instill Healthy Behaviors.**

Implement lifestyle changes that will ensure a healthier you.

- Follow a healthy diet
- Exercise regularly
- Don't smoke!

- Wash your hands often and well
- Reduce stress
- Get plenty of restful sleep

### 2. **Embrace Early Detection.**

Get regular checkups, health screenings, and test.

Routine physicals allow your doctor to discover problems early before they affect your health.

Talk with your primary physician about what diagnostic tests and screenings are necessary for you.

These may include:

- Cholesterol and lipid screenings
- Diabetes screening
- Blood pressure screening
- Bone density tests

- Colorectal cancer screenings
- Mammograms and pap smears (for women)
- Prostate exam (for men)
- And more...

Preventative checkups should also include routine dental and eye exams

### 3. **Keep up with Immunizations**

Although the protection you receive from some vaccinations last a lifetime, others fade over time which requires a "boost". Others may be needed because of gender, age, certain medical conditions, travel, and more. Stay up on your vaccinations by talking to your doctor or by visiting <http://www.immunize.org/>



## ADAPT- - Medicaid Savings Proposals

ADAPT has identified proposals that contain Medicaid spending while supporting our right to live in the most integrated setting and control our lives:

**Expand the use of community-based services.** Studies have demonstrated that by reducing the over-reliance on institutions and nursing facilities and shifting toward more cost-effective community-based services, states can contain Medicaid spending. Despite the growing body of evidence showing that community-based services are more cost effective, the federal government still allows states to continue their wasteful, institutionally-biased practices.

**Demedicalize services.** By reducing the reliance on costly medical personnel to provide assistance by allowing attendants to perform

these tasks, states could use the same amount of Medicaid funding to support more seniors and people with disabilities living in their own homes. Changes in state Nurse Practices Acts could save millions of Medicaid dollars. Many of the long term services that are widely perceived as "medical" become a basic part of daily life to a person with disabilities. States continue to require that medical personnel provide such services, unnecessarily increasing Medicaid's costs.

**Expand consumer directed service options.** By empowering people to manage their own services and reducing the need for administrative overhead, states can also reduce Medicaid expenditures. Many seniors and people with disabilities can manage their services and supervise the people providing the direct care,

reducing the need for agencies to provide supervisory and administrative supports like training and scheduling.

**Reorganize Medicaid services to eliminate wasteful bureaucracy.** The current system wastefully organizes services based on diagnosis and age even though people may have the same functional needs. By organizing services based on functional needs states can eliminate redundant and needlessly expensive bureaucracies and reduce Medicaid expenditures. A system based on functional needs also eliminates gaps in services and makes services easier to access, reducing the need for professional assistance in navigating the system we currently have in place.



## Tweets, Blogs, etc...

Besides following PASCO on the Facebook check out some of our friends: Kids Mobility Network recently established a Facebook page to share about the organization and post pictures and content.

### Now It's YOUR Turn!

The Kids Mobility Network Facebook page is a great place to post pictures and comments. We'd like to see pictures of the 500+ kids that have joined

our Circle of Friends as recipients of equipment.

Our goal is to raise awareness for the services that we provide so that we can help more kids and their families.

### Here's how you can help.

- Post pictures and comments to

our Facebook page

- "Like" the Kids Mobility Network Facebook page
- Share the Facebook page with your friends, family and colleagues
- Follow Kids Mobility Network on Twitter



### Applications for Section 8

**Where:** 201 S. Cherokee St. Denver, CO 80223 (303) 733-9324

**When:** Thursday October 27th from 8:00 am-3:00 pm  
*There are a limited number of applications available and will be treated as a first come first served basis. Applicants will have 10 days to return completed application.*



Steve, Juana and newly added Chris make the H.R. experience a pleasant one.



## Director of Nursing Corner

Happy Fall to everyone, We in the Clinical Dept. have been very busy getting materials ready for the new charts. Those of you that have been with us for more than a year have been through this before. This time will be a little different. Instead of having a "packet", containing all the necessary forms required by Medicaid and Medicare rules and regulations you will have everything in a notebook. There will be a few more forms, the visit will take longer than normal, and we will be revising

care plans that do not have the current care codes for each consumer. The nurse will be bringing the notebook back to the office to organize all the information and materials; we will then have the notebook delivered back to you. Please keep these notebooks in an easily accessible location.

You will be receiving a letter from PASCO explaining all of the needed information for you to have ready in advance for the new notebook. If you have not received a letter in the mail, the information we

will need is; to see your Medicaid card, any private insurance cards, Home Exercise Programs, and documentation of a swallow evaluation. We will also need to have the Plan of Care that you currently have for any updates needed until we get your notebook back out to you. Thank you in advance for all your cooperation.

Denise Hodgert R.N Administrative D.O.N

Pat Lankford R.N. Clinical D.O.N.

## Human Resource Connection

Hello to all! We would like to welcome Chris Lauer to the HR department as a H.R. Services Coordinator. Juana, Chris and I hope you are all doing well.

Fall is here and so are some changes. This is a reminder that all C.N.A.'s in Colorado are set to have their license expire 1/31/2012, regardless of when they received it. In the past, PASCO has offered to renew these for the employees, but due to changes with that process, it will require more information than we are able to provide, so we will **NOT** be renewing these licenses anymore. There is a form in PASS under Online Forms titled

DORA Address Change Form, that you can print, fill out and submit to DORA, the agency that tracks licensure, if you have moved since 1/31/2010 and have not already let them know. This will help ensure that you will receive the renewal information for your license.

There are some changes with the Annual Skills Refresher as well. These labs will be more comprehensive and informative and are due IN your anniversary month of hire. These labs are now required of all C.N.A.'s, P.C.P.'s, and Respite providers. Please call Chris to schedule. More information will be available upon scheduling.

We wanted to also let you know that if you have not yet completed the required C.E.U.s for 2011, please do so as soon as possible as they are all due by November 30, 2011. They are available in the PASS system under Online Forms.

Lastly, Basic First Aid is now required of ALL employees at PASCO as well so it will be added to the C.P.R. training that we offer, extending the class to 5 hours, so please plan accordingly. If you have a current Basic First Aid training and have the card, please send a copy to the HR department.

## PASCO's Annual Holiday Party

Remember to add to your busy calendar that Saturday, December 3rd, will be PASCO's Holiday party. All of your old pals will be there (some with bells on). Clowns, face-painters, DJ Joel Man, caricature artists, balloons, a tasty holiday meal,

and dancing. As we have never held the party on a Saturday, this year will work differently, as there will be two separate seatings; morning and afternoon, to be able to accommodate all of the PASCO family. Formal invitations will be sent

out shortly. We'd like to remind everyone that as space is a bit limited, this party will be for PASCO consumers, employees and their immediate families **only**. We look forward to seeing everyone and having a lot of fun together.

## Giving Wellness A Way—Benefiting The Chanda Plan

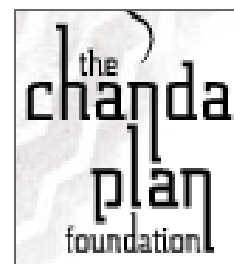
The Colorado Chapter of the American Massage Therapy Association, the Acupuncture Association of Colorado and The Chanda Plan Foundation have developed a partnership around “Giving Wellness A Way,” which is a week long event in which massage therapists and acupuncturists raise funds to benefit persons living with long-term disabilities in metropolitan Denver.

Between October 23 and 29 of 2011, 100 participating massage therapists and acupuncturists will pick one or more days from within this designated week and will be donating 20% of their profit to The Chanda Plan Foundation. It's a win win win situation. By scheduling a massage or acupuncture appointment with providers in the community, integrative therapists will be able to share their prac-

tice with others, individuals in our community will be giving themselves a much deserved treat and it all benefits a community organization, The Chanda Plan Foundation.

For more information please call (303) 240-4290 or go to the website at [http://](http://www.thechandaplanfoundation.org/giving-wellness-a-way.html)

[www.thechandaplanfoundation.org/giving-wellness-a-way.html](http://www.thechandaplanfoundation.org/giving-wellness-a-way.html)



Check out [thechandaplanfoundation.org](http://thechandaplanfoundation.org) for great upcoming events.

## The HoneyCrisp- Professor Harold Hill

Friends, gentle souls, cute children, well behaved pets, I stand humbly before you to offer perhaps the most spectacular, delicious, mouth-wateringly delightful concoction ever seen in this land (or any other). A taste so fresh and satisfying it will make you want to pinch yourself to make sure you aren't dreaming, and friends this is no dream. I've been all over this great land, from Tellimouth Point to Lickety-Split Falls, from Grover's Corners to Yucca Flats, from Pelli-

connic to Harpsichord Bay, and all over people are left feeling jubilant and delighted just to get the opportunity to experience what I offer to you today. An apple. Yes indeedy the apple... not your average mealy, crest-fallen, two-bit, “would-taste-fine-if-I-hadn't-eatin-in-a-week”, worm-house, but rather the crispiest, crunchiest, sweetest, and most delightfulest apple ever. It goes by the name of Honeycrisp, and you can bet your bottom dollar that it is just that,



sweet as the day is long, and so crunchy, one bite will wake up all the neighborhood grammas to see what all the hullabaloo is all about (it's about the most awe-inspiring, instantaneously sophisticated gastronomical delight felt on this side of the Missouri, that's what for Granny!) It, like autumn, is only here for a few months, so do yourself a favor and get one. Good day.

*A taste so fresh and satisfying it will make you want to pinch yourself to make sure you aren't dreaming, and friends this is no dream.*

## Rental and Homeowner Access Modification Program (RHAMP)

RHAMP provides access modifications to low-income disabled individuals in the City and County of Denver. Modifications include, roll-in showers, shower bases, lowering of cabinets (and items in need of lowering), widening of door ways, walk-in therapy tubs with doctor's prescription (a waiting list specific to walk-in tubs, may exist depending

on funding and number of requests). Other modifications are considered.

Eligibility Requirements:

1. Live in the City and County of Denver
2. Meet income eligibility requirements (under 50% AMI, HUD standards)
3. Be disabled and be able to prove disability.

**Leonard Lujan**  
**Program Coordinator**  
**(303)733-9324**  
[llujan@atlanticcommunityinc.com](mailto:llujan@atlanticcommunityinc.com)



**RHAMP Program helps with funds for home modifications in Denver**



**Healthy Pumpkin Bread***Serves: 16**Yields: 1 loaf**Total Time: 1 hr 10 min**Prep Time: 20 min***Ingredients**

1 cup(s) (packed) light brown sugar  
 2 large egg whites  
 1 cup(s) pure pumpkin (not pumpkin pie mix)  
 1/4 cup(s) canola oil  
 1/3 cup(s) low-fat plain yogurt  
 1 teaspoon(s) vanilla extract  
 1 cup(s) all-purpose flour  
 3/4 cup(s) whole wheat flour  
 1 1/2 teaspoon(s) baking powder  
 1 teaspoon(s) ground cinnamon  
 1/2 teaspoon(s) ground nutmeg  
 1/2 teaspoon(s) baking soda  
 1/2 teaspoon(s) salt

**Directions**

Preheat oven to 350 degrees F. Spray 8 1/2" by 4 1/2" metal loaf pan with nonstick cooking spray with flour.

In large bowl, with wire whisk, combine brown sugar and egg whites. Add pumpkin, oil, yogurt, and vanilla extract; stir to combine.

In medium bowl, combine all-purpose flour, whole wheat flour, baking powder, cinnamon, nutmeg, baking soda, and salt. Add flour mixture to pumpkin mixture; stir until just combined. Do not over mix.

Pour batter into prepared pan. Bake 45 to 50 minutes or until toothpick inserted in center of loaf comes out clean. Cool in pan 10 minutes. Invert pumpkin bread onto wire rack; cool completely.

*Nutritional Information (per serving): Calories - 140, Total Fat - 4g, Saturated Fat - 0, Sodium - 165mg, Total Carbohydrate - 25g, Dietary Fiber - 1g*

**Tyler's Place**

**Mission Statement:** Creating enhanced interactive social opportunities for children and young adults with developmental disabilities while providing support and education for their family members and caregivers.

Support for children with special needs and their families where they can have the opportunity for social interactions through play groups, classes, activities, mentor programs, and therapy. A place that offers support with educational workshops for parents, the use of equipment and toys not otherwise available to them, and provide a place to have a birthday party for a child with a disability.

**Future Services:**

\*Provide a place for children of all ages with all disabilities to interact with other children through playgroups and social activities designed to meet the needs for age groups, disability

types, etc

\*Private rooms available for parents to bring their child to do therapy using equipment & toys not available in their homes

\*Provide a place to hold a Birthday Party for children with disabilities

\*Loan closet with equipment donated to and from families: walkers, wheelchairs, bikes, etc

\*Mentor programs with other children

\*Offer Educational How To workshops to parents such as How to adapt toys, Sensory activities, and more!

**How you can help:****Volunteer**

We need lots of volunteers to help start this big project!

\*Help with Fund Raising

\*Help with administrative work: data entry, work on website,

make flyers,

\*Join us at one of our meetings to offer ideas and suggestions

\*Ask your place of work about sponsorship of Tyler's Place

**Donate**

\*Donate money to Tyler's Place  
 \*Donate equipment: Therapy equipment, toys, computers, furniture, advertising space, professional expertise

**Spread the Word**

\*Tell your friends and family about Tyler's Place. We need volunteers, donations, and families in need of these services!

**Contact Us**

April Bjorlie, Director

970-290-0472

april@MyTylersPlace.org

Carly Rugg,

Volunteer Coordinator

970-631-3104

carly@MyTylersPlace.org



October means football--Meckenzie "Kenz" Matt (#6) executing the exciting Triple Option during a recent PowderPuff game.

**A Little Something From Payroll**

As you all know by now the Policies for the PASS system changed back in July. All time-sheets must be entered by 10 AM the following morning or they are locked. If they are unexcused they are paid at minimum wage. Chris goes in every morning (except Saturday and Sunday) after 10 AM and unlocks all locked visits. I know the PASS system tells you to call the office, but after 10 AM each day the locked visits are taken care of, usually by 11 AM. You really do not need to call the office to say you were locked out. What you do need to do is go into the sys-

tem and enter those visits you missed from the day before. You have until 10 AM the following morning to enter those visits or they are locked again. These visits definitely will not be excused. We know that all of you have very busy schedules and that things may come up, but it is very important that your visits get entered daily. This includes entering your time on the weekends. Please take those few minutes to enter your time as required. If something major arises that you cannot enter your time by 10 AM the following morning, we need to be notified before

the 10 AM deadline. You can contact us by leaving a voicemail (Caryl-321 or Holly-320) or emailing us ([caryl@pascohh.com](mailto:caryl@pascohh.com) or [holly@pascohh.com](mailto:holly@pascohh.com)). Please do not wait until 9:50 AM to enter your time because if there is a problem you will not have enough time to notify us of your situation.

For those of you who do enter each and every week on time, and we do know who you are, Thank You very much. It makes our job a whole lot easier.

## Assisted Cycling Tours– 2011 Fall Programs



**October 15-16** Multi-Sport Weekend, Winter Park, CO Meet at Winter Park @ 1 pm for hike on accessible trail Bike Fitting after hike (before dinner) Saturday evening dinner followed by open evening Sunday a.m. ride at 10 am followed by lunch

Cost is \$75 per family of 4 (sharing a room) and includes meals, lodging and tandem bike.

**November 6** Bike Clinic and Ride - East Denver Metro Event Location -- TBD Bike Clinic starts at 10 am & ends at 2 pm

**November 12** Bike Clinic & Ride - North Denver Metro Event takes place at REI Westminster (144th & I-25) Bike Clinic starts at 10 am & ends at 2 pm

**November 19** October 2 - South Denver Metro Event Location -- TBD Bike Clinic starts at 10 am & ends at 2 pm All Clinics & Rides start at 10 am and cost \$10 per family. of 4. Snacks, drinks and lunch are also included.

*Weather related delays will be rescheduled For more information contact us at:*

*(303) 578-2281 or*

[www.assistedcyclingtours.org](http://www.assistedcyclingtours.org)

## New PASCO Phones

The addition of the NEC SV8100 Multibutton Telephone has propelled your old pals at PASCO into the 21<sup>st</sup> century. Without getting too into the specifics of this super exciting system, let's just say it has a lot of functions, and by a lot, we really mean a lot, buckets, tons, tonnes (for our English friends). From a Speed Dial capacity of 2,000 numbers, to the nifty hold music, this phone literally has

many, many bells and whistles. As we are switching up phone protocol, and limiting the jarring "overhead", which has tended to fluster people, we are in its place directly transferring calls to the respective people being paged. At times this could potentially go to voice-mail, if that is the case, we will be getting in the habit of asking people if there is no answer, would "voice-mail" be okay.

Please bear with us during this transition, as we are ironing out some of the initial hiccups.

Thanks.



## Putting a Face With the Name-Patrick Moltz

Round about five months back, PASCO hired a young Arkan-san, who has quickly become everyone's favorite guy. On the outside he goes by Pat, but here, as we already have a Pat (D.O.N. Pat Lankford), we call him Patrick. Besides being asked to continually move furniture, and pick up boxes of paper, Patrick's job is working with all things therapy related. Lately Mr. Moltz has been busy maintaining care plans on PASS and Telephony. Patrick

insists he wants to stay at PASCO for years and years, enjoying the atmosphere, culture and mix of interesting people (also his cool new office). His commute and getting speeding-tickets on Colfax have been his only sources of work related discouragement. Before coming to PASCO, Pat worked at a podiatrist's office, (here his stories become hard to listen to, with much talk of fungal discoloration, and toe nails gone wild). Having been in Colorado for four

years, the first year spent in Colorado Springs, he has spent the last three living in Centennial. He is a single parent to an 8 ½ year old son, Gabriel ("Don't call me Gabe"), and is usually found on the soccer pitch working with his son on corner kick techniques. A huge Rockies fan and Arkansas Razorback loyalist, Patrick has been disappointed by his teams on more than one occasion. A funny, smart, helpful guy, Patrick has been a much welcomed addition to the PASCO family.

## THERE'S NOTHING IN MY BAG TODAY

Today I did my math and science,  
I toasted bread.  
I halved and quartered.  
I counted, measured, used my eyes,  
and ears and head.  
I added and subtracted on the way,  
I used a magnet, blocks, and memory tray.  
I learnt about a rainbow and how to weigh.  
So please don't say, anything in your bag today?

You see I'm sharing as I play.  
I learned to listen and speak clearly when I talk,  
to wait my turn, and when inside to walk.  
To put my thoughts into a phrase,  
to guide a crayon through a maze.  
To find my name and write it down,  
to do it with a smile and not a frown.  
To put my pasting brush away,  
So please don't say, what, nothing in your bag today?

I've learnt about a snail and a worm,  
remembering how to take my turn.  
Helped a friend when he was stuck,  
learnt that water runs off a duck.  
I looked at words from left to right,  
agreed to differ, not to fight.  
So please don't say, did you only play today?  
-anonymous-



**Patrick Moltz, L.P.N.**  
Therapy Services  
C.N.A. QA Coordinator



**Personal Assistance Services  
of Colorado**  
6015 West 16th Ave  
Lakewood, Colorado 80214  
U.S.A.

Phone: 303-233-3122  
Fax: 303-233-1478  
E-mail:  
damian@pascohh.com

Check out our  
Website at  
[www.pascohh.com](http://www.pascohh.com)

## Classifieds

For Sale: LG Window Air Con-  
ditioner model  
LW8011ER 8000 BTU's. I  
bought it new this July and it  
works like a charm  
I have the remote, owners man-  
ual, and the box. We are moving  
to central air. \$100.00.  
Also for sale is a Whirlpool  
Fridge Model ET1FTEXSQ00  
Manufactured 12-07. I think it is  
21 cu ft. Freezer on top, glass  
shelves. White and works won-  
derfully. I bought it new also.  
Have fridge already where we  
are moving to. \$100.00  
Lindsey @ 303-355-7916

Free pond fish to good  
home. Many different  
colors and sizes to  
choose from. Please  
contact Lisa at  
[lisa@pascohh.com](mailto:lisa@pascohh.com) if  
interested.



## THE NEWSLETTER THAT SERVES ITS READERS

*Personal Assistance Services of Colorado (PASCO) is certified under Medicare, Medicaid, and the Medicaid Home and Community Based Services (HCBS) program to provide personal assistance services to children and adults with severe disabilities. PASCO was incorporated in 1991 and began providing services to persons with disabilities on January 1, 1992.*

*PASCO's mission is to provide personal assistance services, promoting independence and safety to clients and/or their families. PASCO continuously strives for client and employee satisfaction. The foundation of PASCO is CHOICE. To the maximum extent possible, PASCO works to accommodate the needs and wants of each consumer/client.*

*PASCO provides services in the following counties: Adams, Arapahoe, Boulder, Broomfield, Clear Creek, Denver, Douglas, Gilpin, Jefferson, Larimer, Park & Weld.*

**Handmade Market**

**11 19 11**

Presented by The Family Support Council  
Building family respite care for children with disabilities

Saturday, November 19  
10am- 3pm  
Anchor Center  
2550 Roslyn St  
Denver, CO 80238

More information:  
[www.denveroptions.org/handmademarket](http://www.denveroptions.org/handmademarket)