



PASCO PICAYUNE



INSIDE THIS ISSUE:

<i>Directors Corner</i>	2
<i>HIBI Defined</i>	3
<i>Virgin HealthMiles</i>	3
<i>Classifieds</i>	4
<i>Human Resources</i>	4
<i>Director of Nursing</i>	5
<i>Weatherization (GEO)</i>	6
<i>Mothers</i>	7
<i>Putting A Face With a Name</i>	7
<i>Walk N Roll</i>	8



BEE FINDINGS

- In Japan, where 2 million honeybees were stolen last year and the price of bees continues to rise, a gang of bee rustlers struck in Shizuoka prefecture.
- In the United States, a third of all honeybee colonies were found to have died during the winter.
- In Kenya, elephants were found to use a special rumble to warn one another of the presence of bees.
- Entomologists working in Iran and Turkey learned that a rare species of solitary bee builds brood chambers of brightly colored flower petals.

Give Your Child the Gift of Biking and Family

By Bob Matter (Parent C.N.A.)

When most children are growing up, they typically hear how there is not anything they cannot do if they set their mind to it. After my son was born and diagnosed with Autism Spectrum Disorder, it seems that his world has been full of people focusing on what he cannot do. From his first physical therapist telling me, "He'll never be a world-class athlete" to "Why does he need to go, he can't do anything" from a teacher at his school, my son's life has been more about what he cannot do than what he can do.

Raising a child with Autism, or any other disability, to be independent is a challenging task for most parents. We have a tendency to treat our children like they are made of china, breakable and delicate. Rather than letting them experience the world as we did, we do our best to shelter our children from any harm. We thereby limit them, rather than allowing them to experience the bumps and bruises we encountered growing up and watching them grow as a result.

For anyone who has seen "Finding Nemo" there is a scene that sticks in my head. Toward the end of the movie when Marlin (Nemo's dad) and Dori are trying to get out of the whale to go save Nemo, Marlin tells Dori that he had promised Nemo that "nothing would ever happen to him". Dori's response was, "Well, what kind of life would that be if nothing ever happened to him." We are all well intended, but that doesn't always make for the best decisions.

I learned how to ride my bike when I was four years old, for my son it was a tricycle at twelve. Once I learned how to ride, it started me on the path of independence and freedom. The wind in my face, disappearing from the house until the street lights came on and the joy of exploring the world around me were all part of my love affair with my bicycle. The world was opened for me to experience. For my son, his disability and changes in the world we live in have made some of the things that made me love cycling unavailable to him. But, even if it was on a tricycle or together on a tandem bike, he could still learn how to ride and hopefully feel at least partially liberated.



Assisted Cycling Tours (ACT) was created to open up the world of cycling to those with disabilities, whether developmental or physical, and their families. We want people, regardless of their abilities, to get that same feeling when out on a bike. ACT also helps fill a need for recreational activities for families of individuals with disabilities. Through day trips, weekend trips and week-long bicycle trips, our goal is to open not only the world of cycling, but the world as a whole to those who may not otherwise get to see it. Besides trips in Colorado, we will be going to places like Acadia National Forest, Ireland and others.

Continued "Cycling" Page 2

FUNDRAISING TIPS--BY CHRIS BOWLAND/CRYSTAL BOWLAND (PASCO C.N.A.)

Chris decided to join the Courage Classic this year because he has gotten into cycling the last few years and has "a long connection with Children's". His mom worked at Children's, his brother was treated for Leukemia and his daughter has been treated for her Angelman Syndrome at Children's regularly since she was a baby.

Since his daughter turned 18 she has seen less of Children's, but Chris understands the need for the quality of care that Children's offers. It is no surprise that his siblings all have supported his Courage Classic fundraising! Chris broke his hip in late March and is now healing, sporting pins and screws, but doctors have side-

lined him from any training. Though Chris is not sure he will be cleared to ride in the tour this year, he has already met his fundraising goal - TWICE. Chris was asked to share his best fundraising tips. **Chris' Fundraising Tips Ask and Ask Again!**

Continued "Fundraising" Page 5



Our goal is to promote family, independence and physical well being for all who participate.



Senator Bennett can be reached at: (202) 224-5852 or <http://bennet.senate.gov/contact/> Senator Udall can be reached at: (202) 224-5941 or <http://markudall.senate.gov/?p=contact>

“Cycling” Page 1

How will we do this? The trips are designed to be very accommodating, even to the novice cyclist. Using adaptive bikes, when necessary, we will lead trips of 15 to 20 miles per day. This may seem daunting to some, but rest assured that over the course of 4 hours, 20 miles on a relatively flat surface that has a rest stop makes the course more refreshing than taxing. If the thought of that still daunts you, we have volunteers who would be willing to captain the tandem for you so that you can enjoy yourself. People who can ride independently are also welcome and encouraged to attend.

Since most of our families have little disposable income, we have started a fundraising ride called **Pedal For Your Cause** to help offer scholarships to families who want to participate. On Sunday,

August 22nd, at Left Hand Brewing Co. in Longmont, CO, we will be holding our first annual riding event. The course will consist of either a 25 or a 10 mile loop with rest stops along the way. In addition to the ride, there will be food, music and a silent auction at the end of the ride. The ride costs \$40 per person prior to August 15th, and \$50 the week of the event. For those that register and pay prior to August 1st, there will be a free commemorative event t-shirt.

Are you passionate about helping people with Autism, Down Syndrome, MS or any other disability? The event is titled Pedal For Your Cause, because we allow riders to raise additional funds and earmark the funds for specific programs with specific disabilities. If you would like to do some fundraising we certainly welcome that though it is not required. To learn more and register for our ride, visit our website at

www.Pedal4YourCause.org or contact Bob Matter directly at 303.945.6205.

Assisted Cycling Tours’ mission is to enhance the lives of people with disabilities and their families through providing a cycling experience which will increase their self confidence and allow the entire family to participate. Our goal is to promote family, independence and physical well being for all who participate.



DIRECTOR’S CORNER: BARRY ROSENBERG

Shortly after PASCO was incorporated in 1991, I needed to have some letterhead stationery and envelopes printed. I knew of several printers in town who were competent and inexpensive, however, my decision was made to go with Honeyman Printers. Ellie Valdez-Honeyman and her husband Mike had adopted several children with disabilities over the years and I wanted to support them and their children, some of whom worked in the “biz”. Yes, I care about other issues beside disability, but this area trumps everything else. So I was glad that Damian took the initiative to look at formalizing a way in which parents of children and young adults with disabilities and persons with disabilities themselves could let one another know of their skills and see if there was a way that goods and services might be exchanged (cash or barter). As I said at one of the several

meeting with the staff a few months ago, the PASCO parent CNA’s are likely the most educated group of CNA’s relative to any other agency in the country. And as you know firsthand, competitive employment out of the home can be difficult, if not impossible, if you have to care for your child. If interested in becoming part of the PASCOMPANY Resource Directory contact Damian at damian@pascohh.com

A few months ago, when PASCO held the various meetings along the front-range, I gave a rather informal state of affairs regarding PASCO. I mentioned that unless the federal government would continue to provide a higher federal share of the (federal/state) Medicaid program, we could be looking at cuts over the next year, two or even three years from now. As it is the Federal Medical Assistance Percentages (FMAP) went from roughly 50% Colorado share (pre-recession) to approximately

62% Colorado share. This higher share made it possible for Colorado Medicaid to get by without making major cuts. Most states, including Colorado, were banking on the FMAP being extended from the period of 1/1/11 – 6/30/11. Thus far there has not been an extension of FMAP and Colorado stands to lose, according to the National Conference on State Legislatures, stands to lose approximately \$245 million in federal funds. The Colorado Cross-Disability Coalition and the ARC of Colorado are asking that persons with disabilities and/or their families contact Senators Udall and Bennett to push for an extension to FMAP. Senator Bennett can be reached at: (202) 224-5852 or <http://bennet.senate.gov/contact/> Senator Udall can be reached at: (202) 224-5941 or <http://markudall.senate.gov/?p=contact>

Have a wonderful summer!

HIBI DEFINED — CHRISTY KOPP (PARENT C.N.A.)

This month I interviewed Sharon Brydon, the Program Officer for the Health Insurance Buy-In Program or HIBI for short. If your child has Medicaid benefits in Colorado and you have not heard of HIBI please stay tuned for some useful information.

The Health Insurance Buy-In Program or (HIBI) pays the health insurance premiums, deductibles, co-insurance and/or co-pays for Medicaid clients. This service is in addition to client's regular Medicaid benefits. The purpose of the HIBI program is to stretch State dollars to get more benefit for the money.

For example: Let's say that you have Kaiser Permanente for your family and your employee and your portion is \$500.00 per month in health premiums. Your son Billy is a Medicaid client and his portion is \$125.00. You could be reimbursed Billy's portion each month

if he was enrolled in the HIBI program. I asked Sharon if this is a program unique to Colorado and she said that many other states have clients who are enrolled in similar programs with about 25,000 participants nationwide. Here in Colorado we have about 400 enrolled with a State cap of 2,000 enrollees. In other words slots are limited so let's get started on how to get started.....

First you will need to obtain a HIBI Enrollment Packet. You can obtain this paperwork through your county department of social services or by calling Sharon at HIBI directly at **303-866-5402**. The packet contains a useful FAQ section and a further explanation of what HIBI can and cannot do. While you are waiting for your packet you will want to obtain the health insurance premium rate sheet from your Human Resource office for your policy.

Tips to keep in mind:

- Only the portion of the premium that covers the Medicaid client(s) will be paid.
- Premiums will be paid as long as the client remains Medicaid eligible.
- It will take 30-60 days from the date of your application for an answer (approval or denial).
- Participation is voluntary and can be withdrawn at any time.

Thank you to Sharon for taking the time to be interviewed for this article. On a personal note we have been enrolled in the HIBI program for many years and have found it to be user friendly.



Luke Olmsted from the day he participated in the Going to Bat for Kids benefit hosted by Family Voices—Photo Gretchen Olmsted (PASCO C.N.A.)



Financial Alignment Partners

How?

A question frequently asked by parents of special needs children.

- How will we make sure our special child is *always* taken care of?

- How will we send our typical children to college?
- How will we ever retire?

In a world where picking your head up from the "day-to-day" seems impossible, it's nice to know that you can have Special Care Advisors understand and

help create your vision. From steps A-Z, we will walk with you and act as your catalyst to finally be able to answer the "How's" of your life.

(303)300-4341
kaugustfarr@finsvcs.com



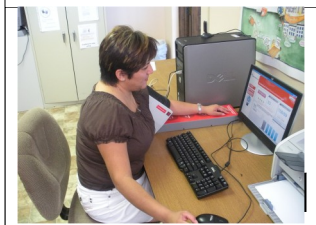
VIRGIN HEALTHMILES UPDATE



In an effort to sustain the momentum from the Virgin *HealthMiles* program, PASCO is pleased to announce the arrival of the *Desktop HealthZone* located at our Lakewood office (The only one of its kind in Colorado). The *Desktop HealthZone* is a key component in Virgin Life Care's *HealthMiles*, a health rewards program designed to motivate and incentivize consumers to take control of their health and become part of the "prevention solution." The *Desktop HealthZone* is designed to provide *HealthMiles* members with an easy-to-use

and highly accessible tool to measure, set health goals, monitor and track results, access personal health information on demand, and obtain periodic assessments. The *Desktop HealthZone* enables users to measure and track key biometric data and features a scale, body fat indicator, and blood pressure cuff. Data from the *Desktop HealthZone* is automatically fed to Virgin Life Care's personalized, password protected *LifeZone* Website. This enables *HealthMiles* members to track their overall progress and view health and fitness accomplishments online at their

convenience. *HealthMiles* members earn Reward Points for effort, measurement and achievement logged through *HealthZone*, *LifeZone*, and *GoZone*, a pedometer that connects to the *LifeZone* Website. These points can be redeemed for products at participating retailers. If interested in the Virgin *HealthMiles* program, contact Juana Rodriguez at Juana@pascohh.com. Also current participants, continue to check your emails as a large company wide challenge is upon us.



Rocio using PASCO's new Desktop HealthZone.



Hello this is from Brasil
Sandwich Natural
 ingredients:
 1 large container of Ricotta
 cheese
 3 large carrots shredded
 1/2 onion shredded
 raisins
 salt
 Put all together and mix all
 ingredients until well mix.

Is good as a dip too!

Thereza Christina Basilio-
 Kelly (PASCO C.N.A.)



CLASSIFIEDS

ROOMMATE WANTED

Steven G. is a 35 yr. old male with developmental disabilities looking for a roommate with similar likes. Steven has worked for Whole Foods for 5.5 yrs. and enjoys his job very much. He participates in basketball, bowling and Special Olympics. He enjoys working in his yard and it shows. Steven also enjoys gardening and the benefits it reaps. He cooks for himself and does his own house cleaning. Steven is a talker and interacts well with other people.

Steven needs a male roommate to share the rent and utilities of a 4 bedroom, 2.5 bathroom house. The roommate will have their own bathroom, 2 bedrooms and share the kitchen, living room and dining

room. Their portion of the cost is \$500 plus half the gas and electric. The landlord pays the water and sewage. The house is not handicapped accessible. Roommate to share the chores. Call Mike at 303-573-9128 after 6 p.m.

We have a **Chariot double seater stroller** (not special needs durable medical equipment per say) that we used for our boys that Luke is now grown out of...it has accessories that include hiking, biking, jogging and skiing. We would like to GIVE it to someone who can put it to great use. It handles great on hiking trails as

well as city streets. It was one of the best Mother's Day gifts I have ever received and I would like to pass it onto another deserving Mom that likes to get her special child out in nature.

Gretchen Olmsted (Call the office if interested and Damian will put you in touch).



NORTHWEST DENVER COMMUNITY RESOURCE FAIR

What: Northwest Denver Community Resource Fair

When: Friday August 6th

Where: 4545 Navajo Street

Who: Quigg Newton Resident Council, Councilwoman Montero, Police District 1, The Denver Foundation and Aztlan Recreation Center

Call: Clara at 720-956-2692 if you want a booth

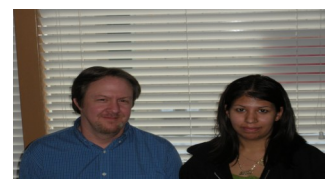


HUMAN RESOURCE CONNECTION

Hello everyone! Juana and I hope this finds you all well and enjoying this wonderful Colorado weather. Well, here it is time for another newsletter and another PASCO Open Enrollment for benefits. You should have received a letter by now outlining the changes that are happening this year. PASCO will be providing a \$50,000.00 life insurance policy for all employees working 24 or more hours per week. The meetings noted on the letter will be to get everyone who works at least 24

hours per week signed up for this policy. At those meetings, you will also be able to 'buy up' that policy for yourself if you would like, buy a policy for your spouse and/or your child(ren), including your client child(ren). If you are on the dental insurance and wish to stay on it, or if you are enrolling new at this time, you will need to pick a plan as we are no longer going to be with Delta and there will be a choice of plans. If you are enrolled in the FSA or Flex Spending Account and want to continue, you will need to re-enroll for the new

year and if you want to enroll for the first time, this is when you would do that as well. We have new vision coverage and we will be going over the rates as well. Take care and we look forward to seeing you at the meetings.



Steve and Juana —PASCO's Winning H.R. Team.

◆ ◆ ◆ ◆ ◆

Assistive Technology Partners

BREAKING BARRIERS, CHANGING LIVES

When: August 21, 2010
Where: Jefferson County Fairgrounds (15200 West 6th Avenue Golden, CO 80401)
What: Assistive Technology Partner's invites children ages 3 - 18 years of age with disabilities and their families to this second annual event. AbleGames provides a fun environment for children with disabilities to play adapted computer, Wii and other kid-friendly games. Participants can enjoy a Wii

racing game using a controller adapted to allow participation using only head movements. There will be a wide variety of switch accessible computer and pinball games including basketball and horse racing. Come and experience the possibilities of what accessible gaming and assistive technology can do to enhance the quality of life for children with disabilities.

Limited Space Available, call now to apply 303-315-1278

AbleGames 2010

Gear Up and Get Your Game On!

\$25/participant (includes T-shirt and lunch)

- ◆ Guitar Hero
- ◆ Digital Basketball
- ◆ Wii Ski
- ◆ Extreme Speeders
- ◆ Pinball
- ◆ Horse Racing



AbleGames 2010



DIRECTOR OF NURSING CORNER LAURA GILBERT AND PAT LANKFORD

WOW talk about sweating! Not only has the weather been a scorcher, but we've been incredibly busy as well... So much so that PASCO is currently on hold picking up new pediatric hospice, IHSS, and HCBS clients until September (in order to catch our breath). We are still working with the computer developers on phase Two of PASS, integrating the dynamic system with the therapist, nurses, and all components on our

medical side. Additionally we've hired two new nurses and are still looking for more qualified help.

Yea, we have two QA nurses to make sure we are dotting are I's and crossing are T's.

Just a reminder that if we request documentation- we need it timely. The material justifies the services approved by Medicaid.

We are always looking at Medicaid hours and the appropriateness

that we are having Medicaid approve for services provided. Have



Laura Gilbert & Pat Lankford
 PASCO's Directors of Nursing

a wonderful summer, and stay cool.

Fundraising" Page 1

1. **Contact everyone you work with who knows you well enough and knows why you are doing the ride.** In my case I explained my reasons which had to do with my appreciation for Children's, and my daughter's situation. I rarely do fundraising for the Angelman Association (her condition), so asking people once every few years to contribute is not too uncomfortable for them. I would be reluctant to ask the same group every year for donations, but that's just me.
2. **Contact everyone you deal**

- with socially. I emailed information on the ride and why I was doing it to my bible study group, church, and other social and networking groups.
3. **Contact family members.** I only contacted immediate family members this year but given the opportunity I may expand this further next year.
4. **Ask people if the company they work for has a matching gifts program.** In one case, Bank of America matched one donor's amount, and I have another person checking to see if their company, which has a matching funds program, will do it for this cause.

5. **Put your Courage Classic donation information in your social media.** I put it on my Facebook page and on my blog.

Make Your Message Matter

I will do one last attempt at fundraising in the next month or so, and my plan is to ask people to send the message on to other people they know in order to amplify the effort. I hope to reach out to at least 500 people with my last round. As far as the message, the main point I stressed was how critical Children's has been to my family and talked about my daughter's condition and our family history. I provided links to my Courage Classic rider page and a picture of my daughter in the messages.

Just a reminder that if we request documentation- we need it timely

Impossible Coconut Pie

***This is a crust less pie*

- 4 eggs
- 2 c. milk
- ¼ c. margerine
- 1-½ tsp vanilla
- ¾ c. sugar
- ½ c. Bisquick

Mix well in blender. Stir in 1 c. coconut. Pour into greased (or with Pam) 9 inch pie plate. Put in 350 degree oven for about one hour until it looks "set."

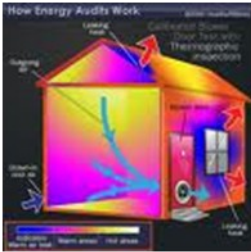
This is a sweet, custard-like coconut pie without the hassle of a crust. The Bisquick makes its own crust while cooking.

From: Maureen Gamble (PASCO C.N.A.)

THE GEO'S (GOVERNORS ENERGY OFFICE) WEATHERIZATION PROJECT

Weatherization improvements can include:

- Energy Audit
- Insulation in Attics and Walls
- Furnace Replacement
- Furnace Safety Testing
- Refrigerator Replacement
- Sealing Air Leaks
- Compact Fluorescent Light Bulbs (CFL)
- Storm Windows and Doors
- Energy Conservation Information



For more information please go to:

http://rechargecolorado.com/index.php/programs_overview/residential_buildings/weatherization_program/



In partnership with local agencies and the U.S. Department of Energy, GEO offers a free Weatherization Program to Colorado's low-income residents, giving them the opportunity to access cost-effective energy efficiency services through its Weatherization Program. This program gives eligible residents the ability to save money on their energy bills by implementing energy efficiency measures.

Weatherization is a blanket term for a variety of measures that improve the energy efficiency of your home.

These cost-effective improvements and upgrades will reduce energy usage, saving you money while improving the comfort of your home year round.

1. How does the GEO Weatherization Program work?

The GEO Weatherization Program partners with local weatherization agencies throughout the state to provide **free** weatherization services to Colorado residents. Qualified homeowners or renters can apply for these services by contacting their local weatherization agency. Once you contact your agency, you will need to follow a few simple steps to receive weatherization services: Complete an application. Your [local agency](#) will provide an application and assist you with completing it.

- Once your application is approved, your agency will schedule a free home energy audit. The home energy audit will identify the most appropriate and cost-effective improvements to be applied to your home.

- After your home's appropriate measures are identified, your agency will schedule the service appointment. A qualified crew of weatherization technicians will install the appropriate improvements in your home.

- Once the work has been completed, an inspector will return to your home to assess the work for quality and completion. You'll save energy, cut your utility bill and enjoy a more comfortable home.

2. What are the benefits of weatherizing my home?

There are numerous reasons for homeowners or renters to participate in the GEO Weatherization Program.

Whether you are looking to save money, improve the comfort and value of your home, or help protect our environment, weatherization can help. Here are some benefits to weatherizing your home:

- Lower your monthly energy costs
- Save money
- Reduce your greenhouse gas emissions
- Do your part to slow climate change
- Help preserve our natural resources
- Keep your home cool in the summer
- Keep your home warm in the winter

3. Do I qualify?

If you currently receive financial assistance from any of the following programs, you automatically qualify for weatherization services:

- Temporary Assistance for Needy Families (TANF)
- Aid to the Needy and Disabled (AND)
- Old Age Pension (OAP)
- Supplemental Security Income (SSI)
- Low Income Energy Assistance Program (LEAP)

4. How do I apply?

Before you fill out an application, you should [contact your local weatherization agency](#) to see if your home has been previously weatherized. A home can only receive this program's free weatherization services once, unless it received the services before September 30, 1994.

Once your local weatherization agency confirms that your home is eligible for weatherization, you can fill out and return an application. Your local weatherization agency can mail one to you.

Projects that pass the competitive selection process then begin a 7-step process towards weatherization:

1. Determine Eligibility: Prop-

erty owners submit income verification for each resident (if required), as well as a 12-month history of the building's energy usage. See eligibility details below.

2. Calculate Budget: EOC will calculate the maximum budget for each property, which is based on the percentage of income-eligible units and a DOE-approved "per-unit average" maximum expenditure limit.

3. Identify Measures: EOC will conduct a DOE-approved building energy audit in order to generate a prioritized list of Energy Efficiency Measures (EEMs), ranked by cost effectiveness. Program requirements dictate the material and labor costs for each EEM must be recovered through the energy savings projected over the useful life of the EEM. In other words, fundable EEMs are those that achieve a savings to investment ratio of 1.0 or greater.

4. Sign Contract Agreement:

EOC will produce a scope of work for the project outlining the EEMs eligible for funding. Per federal requirements, EOC will negotiate a cost-sharing arrangement with the property owner. Property owners who cannot make a financial contribution or who are unable to leverage additional sources of funding are still eligible for weatherization funds, but they must demonstrate proof of their inability to contribute. The property owner and EOC will enter into contract once an agreement on the EEMs and financial contributions is reached.

5. Solicit Bids: The property owner is responsible for obtaining construction bids (details regarding contract language and procurement requirements are still being refined). Davis-Bacon Wage requirements will apply to most, but not all, projects. Contracts may be renegotiated if contractor bids are significantly higher than anticipated.

6. Install Measures: The property owner is responsible for selecting, scheduling and managing contractors.

7. Final Inspection: EOC will conduct a final inspection after all work is completed in order to ensure all installation requirements are met and that the work meets quality expectations. All necessary corrections must be remedied by the contractor prior to payment.

How Mothers of Handicapped Children are Chosen

Submitted By--Deborah Lempka-Sandersen (Parent C.N.A.)

Somehow I visualize God hovering over Earth selecting His instruments for propagation with great care and deliberation. As He observes, He instructs His angels to make notes in a giant ledger:

“Armstrong, Beth, son. Patron saint, Matthew.”
 “Forrest, Marjorie, daughter. Patron saint, Cecelia.”
 “Rudledge, Carrie, twins. Patron saint....give her Gerard. He’s used to profanity.”

Finally, he passes a name to an angel and smiles, “Give her a handicapped child”
 The angle is curious, but why this one, God? She’s so happy.”
 “Exactly,” smiles God. “Could I give a handicapped child a mother who does not know laughter? That would be cruel.” “But has she

patience?” asks the angel. “I don’t want her to have too much patience or she will drown in a sea of self-pity and despair. Once the shock and resentment wears off, she’ll handle it.” “I watched her today. She has that feeling of self and independence that is so rare and so necessary in a mother. You see, the child I’m going to give her has his own world. She has to make it live in her world and that’s not going to be easy.”
 “But Lord, I don’t think she believes in you.” God smiled, doesn’t matter. I can fix that. This one is perfect. She has just enough selfishness.”

The angle gasps, “Selfishness? Is that a virtue?” God nods “If she can’t separate herself from the child occasionally, she’ll never survive. Yes, here is a woman whom I will bless with child less than perfect. She doesn’t realize it yet, but she is

to be envied. She will never take for granted a ‘spoken word’. She will never consider a ‘step’ ordinary. When her child says ‘Mamma’ for the first she will witness a miracle, and know it! When she describes a tree or a sunset to her blind child, she will see it as few people ever see my creations. “I will permit her to see clearly the things I see... ignorance, cruelty, prejudice...and allow her to rise above them. She will never be alone. I will be at her side every minute of every day of her life because she is doing my work as surely as she is here by my side.”

“And what about her patron saint?” asks the angel, his pen is poised in midair.

God smiled, “A mirror will suffice.”



7th Annual Hydrocephalus Walk

Please join us for our 7th Annual Hydrocephalus Walk, followed by a light lunch, door prizes, massages and more! T-shirts are available for anyone raising more than \$25. What a great way to spend the morning with family and friends!

Date: September 5, 2010

Registration Fee: Adults: Suggested \$25
 Children: Suggested \$25

Location: Redstone Park
Address: 3280 Redstone Park Circle Highlands Ranch, CO 80129

Please WALK with us and show people dealing with the challenges of hydrocephalus that they are not alone! In 2009 over 5,000 people WALKed and over \$450,000 was raised. Our goal for 2010 is to have 8,000 people WALK and raise \$600,000. You can make a difference!

Hydrocephalus WALK is the na-

tion's largest event to raise awareness and funds for hydrocephalus programs and research. Your contribution will directly support the Hydrocephalus Association's mission to fund innovative research and provide support, education and advocacy for individuals, families and professionals dealing with hydrocephalus.

For more information on this event e-mail [Phyllis Rogers](mailto:Phyllis.Rogers@hydrocephalus.org) or call (720) 984-7420.

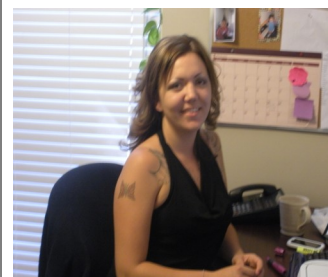


PUTTING A FACE WITH THE NAME

Roughly out of ten new hires for field C.N.A. work, one or two people last for six months or more. If they can make it for a year, not only are we lucky as a company, but our clients benefit as well. Occasionally we hire a person, who goes over and above, and the whole entire company is rewarded, by a caring, thoughtful, hard-working individual...this is Hope Morris! She started at PASCO five years ago as a field C.N.A., and quickly built a reputation as a reliable, considerate, “go-getter”. Hope’s clients adored her. Hope’s supervisors

enjoyed her flexibility and willingness to go the extra mile. For three and a half years she worked in the field, while going to school to get her L.P.N. license (which she officially received near the end of June... Congrats!!!) 2009 saw Hope transition into a part-time office job as an assistant scheduler, and finally into a full-time job in Medical Records, where she has continued to excel. While still planning on attaining her R.N. license the passion Hope feels for her job at PASCO is very much in evidence. “My friends ask why I’m never bummed going to work, I say because I have an incredible job,

that allows me to really help people and make a difference.” Hope said recently over some *Cool Ranch* flavored Doritos. She continued between bites, “I love the clients, and everyone in the office is really friendly.” The parking situation and parking lot itself continues to annoy Hope, but as she says, “If that’s the only problem with PASCO...well it’s really not a problem.”
 When not working, Hope enjoys spending time with her 18 month old son “Moose”. She also enjoys shopping.



Hope Morris hard at work.

The Newsletter That Serves Its Readers

6015 West 16th Ave
Lakewood, Colorado 80214
U.S.A.

Phone: 303-233-3122
Fax: 303-233-1478
E-mail: damian@pascohh.com

Check out our
Website at
www.pascohh.com



BEE FINDINGS

- Two different species of orchid, each attractive to a different species of solitary bee, were found to have cross-pollinated and created a third species of orchid, attractive to a third species of solitary bee.
- British researchers were using bee hotels to train bees as bomb sniffers, and biomaterials scientists reported progress in their quest to produce bee silk.
- Beewolves use antibiotics.
- The southern cuckoo bumblebee was seen in Scotland for the first time in fifty years.
- Bumblebees have the fastest color vision of any animal, and sociable queen bees have bigger mushroom bodies in their brains than do solitary queens.
- Swarming decisions among large honeybees are determined by an oligarchy, and flocking decisions among pigeons are determined by prestige-weighted votes.

Personal Assistance Services of Colorado (PASCO) is certified under Medicare, Medicaid, and the Medicaid Home and Community Based Services (HCBS) program to provide personal assistance services to children and adults with severe disabilities. PASCO was incorporated in 1991 and began providing services to persons with disabilities on January 1, 1992.

PASCO's mission is to provide personal assistance services, promoting independence and safety to clients and/or their families. PASCO continuously strives for client and employee satisfaction. The foundation of PASCO is CHOICE. To the maximum extent possible, PASCO works to accommodate the needs and wants of each consumer/client.

PASCO provides services in the following counties: Adams, Arapahoe, Boulder, Broomfield, Clear Creek, Denver, Douglas, Gilpin, Jefferson, Larimer, Park & Weld.

ROCKY MOUNTAIN RETT ASSOCIATION'S
1ST ANNUAL
WALK N ROLL
FOR RETT SYNDROME

SATURDAY, AUGUST 14, 2010
CLEMENT PARK, LITTLETON, CO

REGISTRATION BEGINS AT 8:30AM
WALK N ROLL BEGINS PROMPTLY AT 10AM

THE FUN INCLUDES: LIVE MUSIC, CHUCKWAGON LUNCH, CARNIVAL GAMES, BOUNCERS EMCEE, SILENT AUCTION

FOR MORE INFORMATION PLEASE CONTACT INFO@CORETT.ORG OR CALL 720.234.7673 OR CHECK OUT OUR WEBSITE AT RETTSYNDROME.ORG OR CORETTSYNDROME.ORG

THANK YOU TO OUR SPONSORS

RMRA (Rocky Mountain Rett Association)
Elks
B & S Chuckwagon
Rocky Mountain Capital
Rocky Mountain Capital
Southern Airlines
Elks
Elks
Elks
Elks

THE WALK N ROLL IS A FUN FILLED EVENT THAT RAISES RESEARCH FUNDS FOR THE ROCKY MOUNTAIN RETT ASSOCIATION. RETT SYNDROME (RTT) IS THE LEADING GENETIC CAUSE OF SEVERE IMPAIRMENT IN GIRLS. RTT LEAVES IT'S VICTIMS PROFOUNDLY DISABLED REQUIRING ASSISTANCE WITH EVERY ASPECT OF DAILY LIVING. RTT IS THE ONLY BROAD-SPECTRUM DISORDER WITH A KNOWN GENETIC CAUSE.