



PASCO PICAYUNE



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Introducing P.A.S.S. (Payroll and Scheduling System)

PASCO is proud to announce the launch of P.A.S.S. (Payroll and Scheduling System). While it will take a few weeks to become fully acquainted with all of its wonderful features, we feel it really compliments our organization. By being a fully-integrated system, P.A.S.S. connects all facets of our company (from scheduling to Human Resources to Payroll).

The system would still be in the development phase if not for the tedious, time-consuming, and analytically complex work done by (PASCO Parent C.N.A.) Dawn Caldwell. By carefully learning, understanding, and finally putting into the system requirements, Dawn miraculously brought our "vision" to the finished product. What you see before you as you log-in is a testament to Dawn, and her collaborative effort with our administrative staff (Amy, Steve, Laura, Caryl) who put in many hours to effectively maximize the capabilities of this wonderful contraption. Mike Jaltuch from Linear Methods deserves some well deserved kudos, for taking the hundreds of pages of requirements and successfully developing a great program.

P.A.S.S. is meant to be a



P.A.S.S. is here to make your life easier.

convenient tool, where aides can check their schedules, (ask Amy for a password) get CEU's, download various H.R. papers and ideally make life that much easier. For aides using P.A.S.S. to keep track of hours, if there are problems (logging-in, Internet dilemmas, or other various predicaments) please notify Payroll **BEFORE** 4:00 on Tuesday afternoons. We understand that life happens, and situations arise, however, payroll needs to know if there are issues concerning "timesheets" so adjustments can be made.

If there are ever any concerns, problems or troubles using the new system, please feel free to contact Chris Lauer.

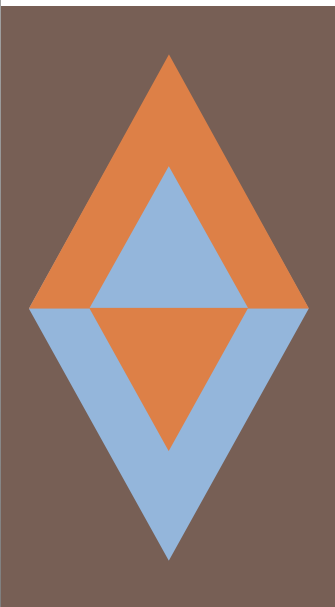
Confessions from a Supermom

"You are such a great mother."
This statement always takes me aback. I guess I should be flattered. Friends and family say it and I smile, thank them and try to change the subject. When I hear it from total strangers however, it makes me a little uncomfortable. *Who are you? How long have you been watching us? Did I scratch my butt? Pick my nose? Make a disparaging remark to*

my husband? I am not used to the attention that comes with a special needs child. When I hear the great mother comment I am tempted to come back with something smart-assed. *Really? 'Cuz I just shotgunned a beer in the bathroom. Or Aww gee thanks, my parole officer thinks so too.*
My favorite is "You are such a good mother for **taking care of her.**" *Well*

thanks but, did I have a choice? She is after all my daughter and I love her more than oxygen, water or red wine but really, I didn't sign up for tube feedings, seizures, therapy and the many issues that come with being Samantha's mom. And I would give my right arm, left leg, heart and soul to make her better.

Continued "Supermom" Pg. 2



I have nights; 2:00 in the morning when Samantha is still awake and I am wandering around the house raking my sleep-deprived brain for another strategy to get her to sleep.

**CPR CLASS
SCHEDULE**

**All Classes begin at
9:30am**

**Please cancel 24 hrs
prior to class if unable to
attend**

**September 11th, 21st,
28th**

October 5th, 16th, 30th

November 9th, 20th, 30th

December 7th, 14th



“Supermom” from Pg. 1

Am I still a great mother?

I am a mom. I have days when the T.V. is on, when Samantha is wiggling around on the floor, perhaps a little too long before being repositioned. I have nights; 2:00 in the morning when Samantha is still awake and I am wandering around the house raking my sleep-deprived brain for another strategy to get her to sleep. I curse God, rage at the heavens and console myself with yet another glass of wine.

“I will pray for you.”

I really do appreciate this one. Any healing thoughts sent off into the universe is a good thing. However, after a tough night when I have told the world what I think of their crappy divine plan for me, when I have flipped off the heavens with both fingers, I am really tempted to say: “Well

thank you but you might want to wait a day or two; God and I are in the midst of a heavy duty argument. You might not get through.” I did not write this as my pity party. Well, okay, maybe I did. Bring some Ritz crackers, and that really funky orange cheese in the squeeze can. We can talk about your pain, my pain, examine the ingredients of that funky orange cheese and perhaps the ingredients of our lives. As parents, as humans, as people in this world, we all have pain. Just because my pain, my daughter’s disability, is visible to the world doesn’t make anyone else’s pain any less real. It certainly doesn’t make me a better mother.

“That which doesn’t kill you, will make you stronger.”

I have evaluated the super-beings with super-human strength and they all have issues. The Incredible Hulk, major anger issues. King Kong, a great big monkey with an attachment

disorder. Even Superman lived a life hiding his true identity; misunderstood and yearning to belong. I don’t want to be any stronger.

Because it’s just not fair is it? Whatever our pain may be; a disabled child, an ailing parent, cancer, divorce, foreclosure, it’s not the life we signed up for. When I imagined my married, parental life years ago it did not include anything messy or ugly. It did not include tough decisions. It did not include being such a grown up.

“Life is not fair.”

My Grandma, Emma Mae, used to say this to me when I didn’t get my way. I used to think that life was not fair because my brother cheated at monopoly or he got the bigger slice of pizza. My reaction would be to stomp my feet, throw a couple pillows around, pout in the corner. It still is but no one thinks it’s cute anymore.

Continued “Supermom” Pg. 6

THE GIVE ME A BREAK RESPITE PROGRAM

The Give Me a Break Respite Program, aimed at families with loved ones with autism spectrum disorders and related behavioral disorders, is accepting new family applications.

After a two-hour Family Orientation Session and completion of a care notebook (that we help you to get started if you don’t already have one) we make available to participating families our list of trained respite care providers. Each family is then eligible for respite funds in the amount of \$150 (re-allocation applications ac-

cepted after 90 days). You don’t have to use our providers if you already have people you can hire. Please contact me for an application.

The next Family Orientation Session will be September 16th from 6:30 – 8:30 PM at the address under my name. Limited free, onsite childcare is available on a first-come-first-served basis, with a completed application and reservation.

Lorri Park,
Autism Society of Colorado
550 S. Wadsworth Blvd, Suite 100
Lakewood, Colorado 80226-3116
www.autismcolorado.org



DIRECTOR OF NURSING CORNER

LAURA GILBERT: DIRECTOR OF NURSING/CO-OWNER

A few quick updates....

The wound care program continues to excel. The field nurses continue to get in services on wounds and the latest technology. Pat is attending the National conference in September. Any skin care questions give her a call.

We are continuing to monitor our care post hospitalization. We are working closely with hospitals to ensure easy and safe transition back into the community/ home.

We are now working closely with Community Center Boards for Prior Authorizations of care. We may be calling you to find out who your case manager is.

Pat and Laura are on a committee with the Department of Public Health and Environment re: the H1N1 virus. We will keep all of our employees and clients updated on the latest information as the flu develops this fall.

Finally, the PASS program continues to evolve. With all of the correction, Laura made a few of the corrections in the test system and not the production system. Please email her if your requested changes did not make it to their care plan (laura@pascohh.com).

Remember to let us know if your client is in the hospital (you can not bill during that time), if your doctor changes and is no longer a Medicaid provider, or if there are any changes in the information PASCO has.

Thanks, and if your client/ kiddo/ or yourself went back to school- HAVE A GREAT SCHOOL YEAR!

The Directors of Nursing

**PASCO JOINS VIRGIN HEALTHMILES AND THE STOP OBESITY ALLIANCE
TO PROMOTE HEALTHIER WORKPLACES AS PART OF NATIONAL EMPLOYEE
WELLNESS MONTH**

Personal Assistance Services of Colorado (PASCO) will be participating in the first annual National Employee Wellness Month, a month-long initiative to help raise awareness about the benefits of workplace wellness and educate business leaders and employees about steps they can take to create healthier and more physically active workplace communities. In total, more than

60 companies across the United States and more than 13,000 of their employees are participating in this important workplace wellness initiative. National Employee Wellness Month is sponsored by [Virgin HealthMiles](#), a leading provider of health and productivity programs, in partnership with the [Strategies to Overcome and Prevent \(STOP\) Obesity Alliance](#).

Since April, 2009 when PASCO began Virgin's HealthMiles program the 100 (give or take) participants have collectively walked 55,834,122 steps or roughly 20,300 miles. Besides being an addictive/encouraging way to move more there are cash incentives (as a whole, we have accumulated a little over \$4,500.00 in rewards from Virgin). If interested and not currently enrolled, please contact Juana or Damian in the office to register. The program is \$4.00/month.



HEALTHMILES



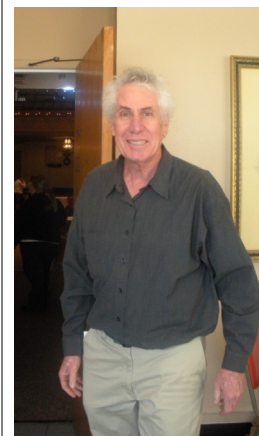
FROM THE DIRECTOR'S CORNER BARRY ROSENBERG

I just attended a meeting a week ago regarding yet another round of proposed budget cuts. Due to budget shortfalls and a host of other economic woes, the Colorado Department of Health Care Policy and Financing is looking at limiting some services and cutting rates another 1 ½%. While I was pleased that we successfully fought to keep the aide rates intact (no cut), we are preparing to look at ways to, once again, prevent a cut in aide rates. As you may remember from previous correspondence that 'from the period of 1987 – 2008 Skilled Nursing rates went up 74.4% (from \$57.02 to \$99.45/visit or 3.38 %/year); PT went up 124.3% (from \$48.48 to \$108.76/visit or 5.65 %/year); OT went up 127.1% (from \$48.20 to \$109.47/visit or 5.78%/year); Speech Therapy went up 162.8% (from \$44.96 to \$118.18/visit or 7.4%/year); and, C.N.A. went up from either 15.4% if the average visit was one hour (from \$30.03 to \$34.66 or .855%/year) or 49.9% (from \$ 30.03 to \$45.02* if you were looking at an 1 ½ hour

visit or 2.27%/year) -*estimating that the average aide visit is 1.5 hours. If the average CNA visit is 1 ½ hours and the reimbursement is \$45.02 as it presently is, the average hourly rate would then be \$30.01 or an actual decrease in rates if we are looking at the \$30.03 rate from 1987! Yes, there is greater utilization in the CNA level of service, but the disparity between the rates, as reflected in the percentage increases is glaring. The highs and lows from 1987 to 2008 goes from 162.8% (for Speech Therapy) to 49.9% (CNA/Home Health Aide services'. While I regret seeing any home health service cut, I think the State should look at the gross disparity in the setting of rates as far back as 1987 and continue to hold the aide/CNA rates harmless. And, once again, having seen rates fluctuate since being a provider back in the late 1970's, I have continued to set money aside for a rainy day. So, while there may be more cuts, we will weather this and future storms and you should not see any changes to your wages or benefits whatsoever.

I next want to address an issue directed to aides/CNA's using the PASS system. As you may know, the program we initiated a little over six weeks ago has taken several years and much money to implement. From what I hear, it is a phenomenal success and is saving those utilizing the system much time and "wear and tear". The system was established largely as a result of our annual evaluation. Many of the aides/CNA's, serving non-scheduled clients, were disgruntled with the telephony system and wanted a simpler system that was more 'consumer friendly'. While I think we came up with a great system, I am concerned that there are still employees who are turning in their electronic paperwork late. While I truly do understand the trials and tribulations of working with a child with a severe disability (around the clock), I hope you will get your electronic timesheets to PASCO on time.

Continued "Director" Pg 4



I think the State should look at the gross disparity in the setting of rates as far back as 1987 and continue to hold the aide/CNA rates harmless.

Ode to Solomon*
(with apologies to Elizabeth Barret Browning)

How do I love thee? Let me count the piggies as they run away giggling down the lane.

I love thee to the height and depth and breadth that my arms can reach, as I stretch to wipe chocolate milk off the ceiling And patch another hole in the plaster where you hurled your plate at breakfast.

I love thee like the moon loves the stars distant and unobtainable yet we share the same night sky

I love thee like the fish loves the fish tank A small safe world trapped behind glass. I love thee because I have no choice

And sometimes that is Just what a soul needs to grow.

*Solomon is my 7-year old son who has autism.

Carrie Sonneborn, PhD
BlueMoon Enterprises LLC
Parent C.N.A.

The C.E.U.'s (Continuing Education Units) are online in the PASS system under online forms

Kids Mobility Network is very pleased to announce its second annual Jenny's Market fundraiser!

Kids Mobility Network is excited to team with Jenny's Market convenience stores across the front-range to raise funds to help provide services to more children in Colorado.

Three Ways to Help Kids Mobility Network at Jenny's Market

Join Jenny's Market along with supporting sponsors Coca-Cola and Pepsi in this month-long fundraiser to raise funds for Kids Mobility Network.

For the entire month of September, Jenny's Market is providing its customers with three easy ways to help raise funds for Kids Mobility Network.

1. Tuesdays in September - Purchase a car wash any Tuesday in September and a portion of your purchase goes to Kids Mobility Network.

2. Wednesdays in September - 100% of all coffee and fountain drink sales will be donated to Kids Mobility Network.

3. Everyday in September - Pledge \$1 directly to Kids Mobility Network or drop your change in a change container at the counter.

Be sure to share this fundraiser with your friends and family to maximize this fundraiser.

More info at <http://www.kidsmobility.org/events.htm>

"Director" from Pg. 3

Should there be extenuating circumstances, preventing you from doing this, you need to call the office by 4:00 PM on Tuesday (the deadline for submission). Please, please help us streamline our payroll and billing systems by getting your electronic timesheets in on time or calling if there is a problem. Thank you.

Barry

www.pascohh.com

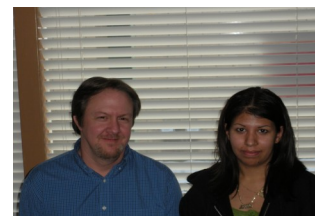
While not (yet) able to whiz around on fancy jet-packs, or have robotic maids prepare delicious lasagna, Personal Assistance Services of Colorado has successfully entered the 21st century. www.pascohh.com has enabled our community to come together as never before by sharing hundreds of resources, topical news items, legislative goings-on, and much, much more. Whether coming from the World Wide Web, the Information Superhighway, or the "internets", simply type in www.pascohh.com and voila...a wonderful world awaits. Contact Damian or Gary to add an event, resource or the like. We are always accepting photos and testimonials to compliment the site.

H.R. Corner Steve Calloway and Juana Rodriguez

Juana and I would like to thank everyone for their response and patience to Open Enrollment and the PASS training this summer. There are a couple of things I wanted to go over with the C.N.A.s. The C.E.U.'s (Continuing Education Units) are online in the PASS system under online forms, please call with questions. These are due by the end of November.

The other very important thing, for C.N.A.'s is your licenses will be expiring January 31, 2010. You should be receiving a yellow postcard at the beginning of December from the Colorado Department of Regulatory Agencies. We will again be offering to help renew your license with a payroll deduction and will be sending out information as the

time gets closer. Have a great Autumn.



Steve and Juana —PASCO's Winning H.R. Team.

The Olmstead Act? What is it?

In *Olmstead v. L.C.*, 527 U.S. 581, 119 S.Ct. 2176 (1999) ("the Olmstead decision"), the Supreme Court construed Title II of the Americans with Disabilities Act (ADA) to require states to place qualified individuals with mental disabilities in community settings, rather than in institutions, whenever treatment professionals determine that such placement is appropriate, the affected persons do not oppose such placement, and the state can reasonably accommodate the placement, taking into account the resources available to the state and the needs of others with disabilities. The

Department of Justice regulations implementing Title II of the ADA require public entities to administer their services, programs, and activities in the most integrated setting appropriate to the needs of qualified individuals with disabilities.

In *Olmstead*, the Supreme Court stated that institutional placements of people with disabilities who can live in, and benefit from, community settings perpetuates the unwarranted assumptions that persons so isolated are incapable or unworthy of participating in community life. The Supreme Court states that "recognition and unjustified institutional isolation of person with disabilities is a form of discrimination reflect[ed] two evident judgements": 1) "Institutional placements of people with disabilities who can live in, and benefit from, community settings perpetuates the

unwarranted assumptions that persons so isolated are incapable or unworthy of participating in community life"; and 2) "confinement in an institution severely diminishes everyday life activities of individuals, including family relations, social contacts, work options, economic independence, educational advancement, and cultural enrichment." *Olmstead*, 119 S.Ct. 2176, 2179, 2187 [emphasis added]. This decision affects not only all persons in institutions and segregated settings, but also people with disabilities who are at risk of institutionalization, including people with disabilities on waiting lists to receive community based services and supports.

The Court indicated that one way states can show they are meeting their obligations under the ADA and the *Olmstead* decisions is to develop a "comprehensive, effectively working plan for placing qualified people with mental disabilities in less restrictive settings." *Olmstead* at 2179. Based on this, almost all states are in the process of developing, or have already developed such plans.

At First You Cry.... By PASCO Parent C.N.A. Cindy Witte

When I was carrying my child with in me I had an overwhelming feeling that something was wrong, but also calm that all would be well. When Spencer was born he had all ten fingers and toes and a peaceful serenity about him. As I held him in my arms I would stare into his eyes and when he stared back the connection we had was different then with my other children, not gone, just different. As weeks turned into months I had this nagging feeling continue, then he would smile and all would be forgotten. Finally after some time it was evident that his progress was too slow and after some insistence to his pediatrician he was tested. Then came specialists, more tests, MRI etc.. Then the phone call came confirming in my head what my heart knew all along. I then cried, I sobbed for a good long while. It was like a cleansing, washing away all the hopes and dreams that I had for Spencer. As they washed away I realized they had to be replaced with something. I did not want them replaced with fear and hopelessness, so I began the road of learning. First learning about Spencer and what I had to do for him, but slowly I realized I was learning more about myself. I was also gaining virtues that would have taken much longer to develop under other circum-

stances.

One day when watching Oprah, I wept again. The subject was about a couple who after finding themselves infertile went to great lengths both in time and money to try to have a child. Great joy had encompassed them when they were finally able to conceive. The story took an unexpected turn when the child was born with Downs syndrome. The parents could not deal with the fact that their child was not perfect. It did not fit in with the plans they had for their lives. They decided that the child they had so desperately wanted and had gone to such great expense both financially and emotionally to get, should be put up for adoption. I wept, not for the child, they had shown his adoptive mother and this was a woman who had an older child with downs and truly was a loving parent who would give the child a good home. I wept for the parents who were giving up so much. Not only were they giving up a child, they were giving up the greatest gift they could have been given. The gift to become better people then they could ever be with out this challenge in their lives. The gift of understanding what true selfless is love is all about.

The gift of true perseverance, understanding,

perseverance, the gift of pure joy. I am not saying that parenting a child with disabilities is easy; the fact that it is not easy is what makes these blessings possible. I have heard many special stories of parents and special educators who have found the beauty in the seemingly unbeautiful, those who have found themselves developing virtues and gaining greater joy then possible elsewhere.

Because of Spencer's disability he was able to attend a wonderful school for children with special needs. One day after class I was visiting with the teacher for a few minutes when our other son, then five years old went out in the hall. When I came out he was talking to another boy who was in a wheelchair and was not able to move or speak. He was pointing to the pictures on the wall as he would say "See the apple, can you say apple?" When the other boy would respond with a delighted squeal, Chris would then say "good!, now can you say frog?, as he pointed to the frog. If we as adults could only see others and ourselves as my son did, not for what we can't do, but find joy and encouragement in what we *can* do. It is a difficult and often unexpected road, but one well worth traveling if you find yourself there. At first you cry..... then you allow your tears to dampen the fertile soil of life.... and you grow.

JUDY'S CORNER—JUDY SAMSON

Christie Cookie Charity Giveaway

Christie Cookies a local company in Tennessee that sells cookies nationwide, are asking people to go online and vote for their favorite charity in the Christie Cookie Charity Giveaway Contest. The charity with the most votes will receive \$10,000, the runner up \$5,000 and 10 others will receive \$1000 each.

<http://www.ilovechristiecookies.com/contest/form.asp>

Tell your friends, family, and co-workers to enter. The charity with the most nominations wins.

Nominations must be submitted on or before October 15, 2009. The winning charities will be announced in November 2009. One vote per email

There is an aide who requested that I do an article on bed bugs. So I did some research on the creepy little bugs that are making a comeback.

When I was a kid my parents would put me to bed at night and say the cute little saying: Night, Night, sleep tight don't let the bed bugs bite and if they do, take a shoe and beat them black and blue. It was always fun to picture throwing my shoe at a bed bug and beating it black and blue. But one day, I finally asked what I had always been wondering: What is a bed bug? My mom kind of shrugged it off as a bug that lived in your mattress and bit you at night back in the olden days, but she said they aren't really around anymore. SO WHAT HAPPENED?

It is true that they were almost totally wiped out by 1972 because of the use of DDT. But they banned the use of DDT and bed bugs have made a comeback and are now in all 50 states. Bed bugs can live a year without food. So leaving the house to starve them out won't work. Bed bugs like clean places and fresh food. This is opposite of the cockroach or flies who love old food and waste. Therefore, bed bugs can be found in even the cleanest, ritziest hotel, motel, and bed and break-

fast. Bed bugs are nocturnal and come out at night while you are quietly sleeping. Bed bugs feed on your blood while you sleep. They hook on to you for about 5 minutes and you don't feel a thing. But when they leave, they leave you with small welts or red bumps that sting and/or itch like crazy. Bed bugs don't transmit disease, but the bites can get infected and may need medical attention. According to the internet, if you get a bite, wash it with warm soapy water and then apply an anti-itch ointment.

Adult bed bugs are teeny and flat, about the size of an apple seed. They are reddish brown in color after they feed on blood. The larvae are very small and about the color of a mattress. So you have to look real closely to see them. Bed bugs are hitch hikers and love to travel in your luggage, backpack and clothes. You are most likely to bring them home after staying at a hotel/motel while traveling.

If you are traveling, before settling in, put your luggage in the bath tub and then check the room over. Physically lift up the mattress and check underneath. Bed bugs are not so tiny that you can't see them. Check the seams of the mattress. Also check the sheets. Bed bugs leave signs, tiny black or reddish streaks on the sheets.

If you think you stayed somewhere that had bed bugs, upon returning home leave your luggage in the bath tub or out in a shed to unpack your stuff. Vacuum your luggage, your backpacks and everything else. They can hide in stitching holes. Wash everything you can in very hot water. Bed bugs can't live in temps over 113 degrees.

If you get bed bugs in your home, hiring an exterminator is an option. But if you don't like chemicals and poisons, I only found one method of natural extermination.

There are two entries on the internet where the people swear that they got rid of bed bugs with a hair dryer. One lady wrote in that even an exterminator couldn't get rid of them so she got her hair dryer and started using the heat on everything. Any time she saw one she would zap it with the heat and kill it. Also, the hair dryer killed any eggs that were on the mattress. After diligently using the heat on everything she finally got rid of them. Someone else wrote in after that and said he tried it and it worked for him too.

They say the more informed you are about your enemies the better able you are to fight them. So I hope this gives you a bit of information that will help you wage war on the spread of bed bugs and win.

"Supermom" Pg. 2

Emma Mae never told me that the UN-fairness in life is doled out in disease, poverty, death. No one told me that ecstasy and despair are secret bedfellows and that they walk hand in hand. As an adult, moments of sheer joy are coupled with moments of pain so intense it's like someone ripped your heart out of your chest. And I used to think fairness was all about the last slice of pizza.

I now relish the days where I truly am the Supermom. I puff out my chest. Give my best profile shot and stare knowingly into the horizon; my cape flowing in the wind. I'm smarter now though. I keep an eye on my back. The heavens are smiling down and yet still recording the last time I flipped them the double bird. I now keep my pink Wellies and a bottle of Merlot by the door. You never know when life's muddy slog will get the best of you.

Heather Schichtel is a free-lance writer, parent advocate and full time mom to her daughter Samantha. You can follow their story at www.samsmom-heathers.blogspot.com or contact Heather directly at heather.schichtel@gmail.com



Community Choice Act (CCA) A Community-Based Alternative To Nursing Homes And Institutions For People With Disabilities

For decades, people with disabilities, both old and young, have wanted alternatives to nursing homes and other institutions when they need long term services. Our long term care system has a heavy institutional bias. Every state that receives Medicaid MUST provide nursing home services, but community based services are optional. Sixty seven (67%) percent of Medicaid long term care dollars pay for institutional services, while the remaining thirty three (33%) must cover all the community based waivers, optional programs, etc.

Families are in crisis. When support services are needed there are no real choices in the community. Whether a child is born with a disability, an adult has a traumatic injury or a person becomes disabled through the aging process, they overwhelmingly want their attendant services provided in their own homes, not nursing homes or other large institutions. People with disabilities and their families will no longer tolerate being forced into selecting institutions. It's time for Real Choice.

The Community Choice Act provides an alternative and will fundamentally change our long term care system and the institutional bias that now exists. Building on the Money Follows the Person concept, the two million Americans currently residing in nursing homes and other institutions would have a choice. In addition, people would not be forced into institutions order to get out on community services; once they are deemed eligible for the institutional services, people with disabilities and their families will be able to choose where and how they receive services. Instead of making a new entitlement, the

Community Choice Act, makes the existing entitlement more flexible. The Community Choice Act establishes a national program of community-based attendant services and supports for people with disabilities, regardless of age or disability. This bill would allow the dollars to follow the person, and allow eligible individuals, or their representatives, to choose where they would receive services and supports. Any individual who is entitled to nursing home or other institutional services will now be able to choose where and how these services are provided.

September 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6 6th Annual Denver Hydrocephalus Walk	7	8 C.N.A. Training	9	10 Assistive Technology Learning Lab Dragon NaturallySpeaking	11 CPR Training / Certification	12 "A Teal Soiree" Mile Hi Dare to Fly Cure SMA 5K Walk-n-Roll
13	14 4th Annual Adam's Camp Classic Golf Tournament C.N.A. Training	15 Women on the Move MS Luncheon	16 C.N.A. Training	17	18	19 Cattle Barons Ball 2009 Memory Walks for Alzheimer's
20	21 Prader-Willi Benefit CPR Training / Certification C.N.A. Training	22	23 Free IEP Workshop	24 Family Voices of CO HCBS Waiver Legislative Meeting	25	26 R_Baby Walk CPRC TRAINING: Understanding Special Education: IDEA & IEPs
27	28 CPR Training / Certification	29	30			

October 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Denver Mobilizes Families /	2	3
4 Komen Denver Race For The Cure	5 C.N.A. Training CPR Training / Certification	6 Assistive Technology training Family Voices of CO HCBS	7	8	9	10 ADAPT National Action October 10 - 15
11	12 C.N.A. Training	13	14	15	16 CPR Training / Certification	17
18	19	20 Family Voices of CO HCBS Waiver Legislative Meeting	21 C.N.A. Training Days and Nights	22	23 Wine in the Pines Oct 23rd & 24th	24 Nutrition Chanda Plan
25	26 C.N.A. Training	27	28	29	30 CPR Training / Certification	31

November 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 C.N.A. Training	3	4	5	6	7 A Pink Tie Affair
8	9 CPR Training / Certification C.N.A. Training	10	11	12	13	14
15	16 C.N.A. Training	17	18	19	20 CPR Training / Certification	21
22	23 C.N.A. Training Days and Nights	24	25	26	27	28
29	30 CPR Training / Certification					

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Check out our new
Website at
www.pascohh.com



Personal Assistance Services of Colorado (PASCO) is certified under Medicare, Medicaid, and the Medicaid Home and Community Based Services (HCBS) program to provide personal assistance services to children and adults with severe disabilities. PASCO was incorporated in 1991 and began providing services to persons with disabilities on January 1, 1992.

PASCO's mission is to provide personal assistance services, promoting independence and safety to clients and/or their families. PASCO continuously strives for client and employee satisfaction. The foundation of PASCO is CHOICE. To the maximum extent possible, PASCO works to accommodate the needs and wants of each consumer/client.

PASCO provides services in the following counties: Adams, Arapahoe, Boulder, Broomfield, Clear Creek, Denver, Douglas, Gilpin, Jefferson, Larimer, Park & Weld.

PASCO CLASSIFIEDS

Car Seat and Swing for Sale

The car seat is a Britax, 5 point harness, hold up 100 lbs. Blue in color, Great condition. \$100.00. It sells on line for over \$500, we have had it for about three years!

The swing is a handi-capped swing. Green plastic with lap belt and chest harness, hold up to 150 lbs plus! Really good condition! \$100.00

Dana

emme01@msn.com

**Check out
pascohh.com
for Upcoming
Events!**